



Sorption and Risk Assessment of Pharmaceuticals sorbed to Microplastics

Lúcia Helena Santos

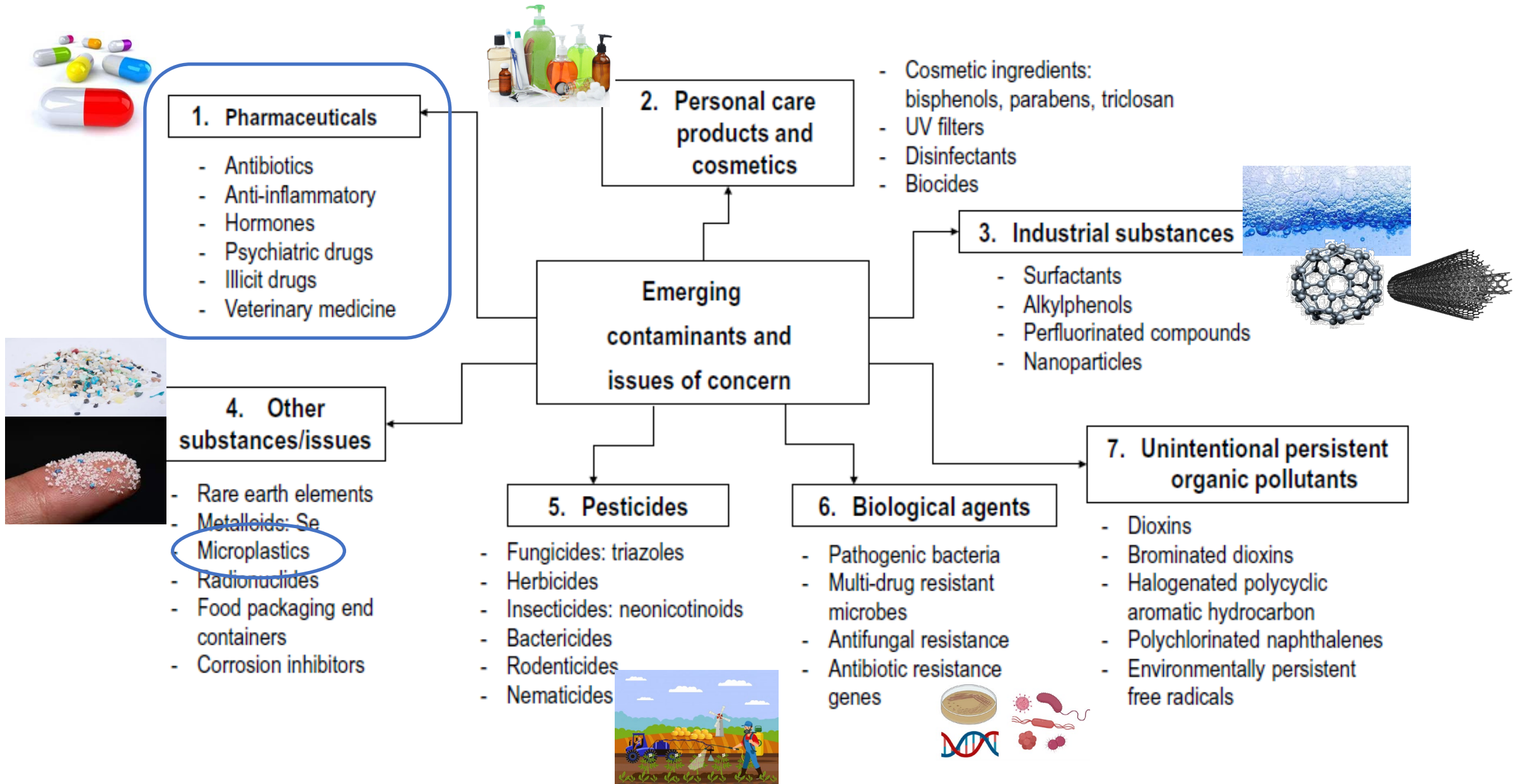
Catalan Institute for Water Research



Outline

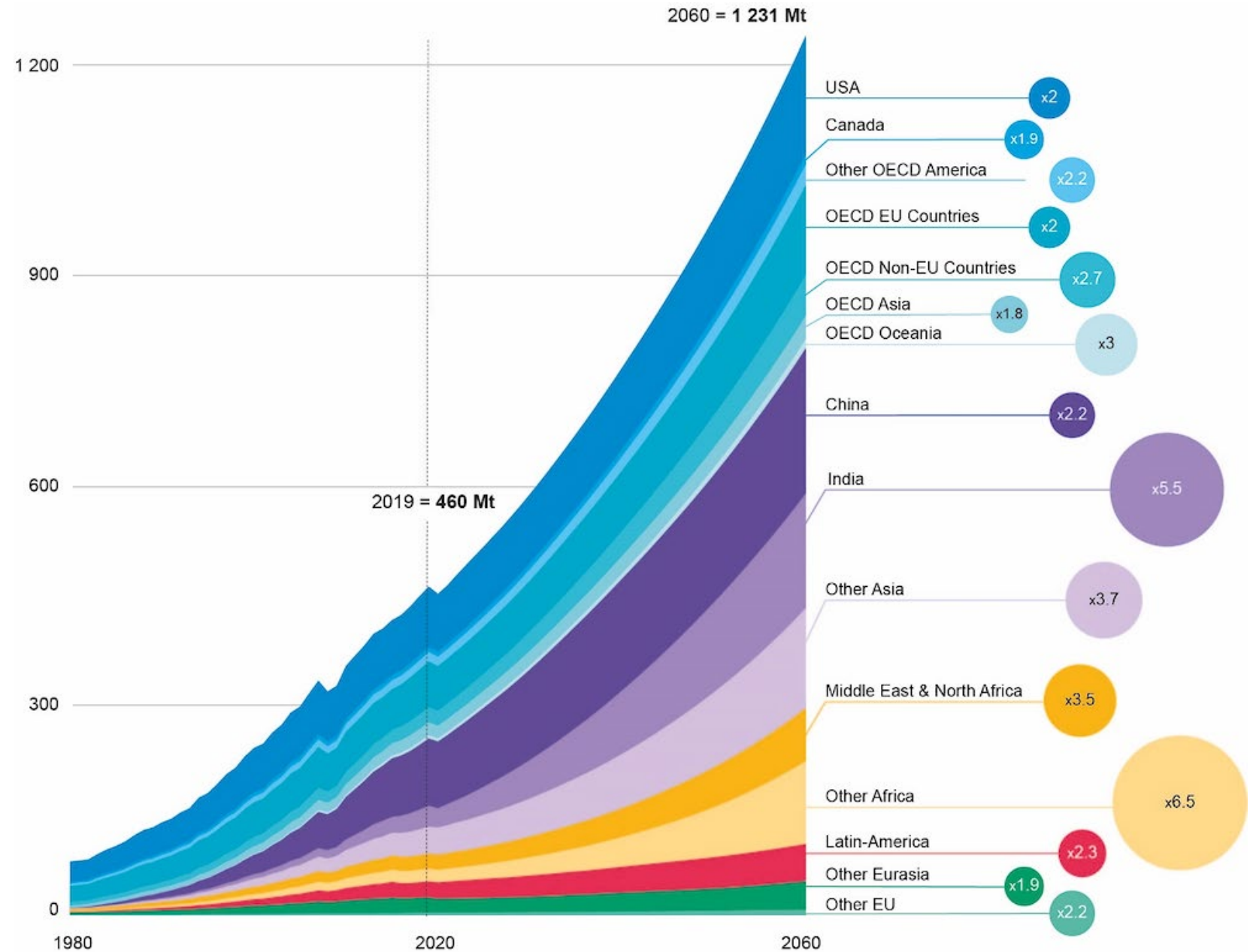
- **Emerging pollutants: what are they?**
- **Plastic pollution**
- **Microplastics and plastic litter in the environment**
- **Pharmaceuticals as emerging pollutants**
- **Sources and fate of pharmaceuticals and microplastics**
- **Interaction of microplastics with pharmaceuticals**
- **Adsorption of pharmaceuticals in plastic litter**
- **Environmental implications of the interaction of microplastics and pharmaceuticals**
 - ✓ **impact on the bioaccumulation**
 - ✓ **impact on the toxicity**
- **Interaction of microplastics with pharmaceuticals – impact on aquatic and terrestrial organisms (some laboratory studies)**

Examples of emerging pollutants



Plastic pollution

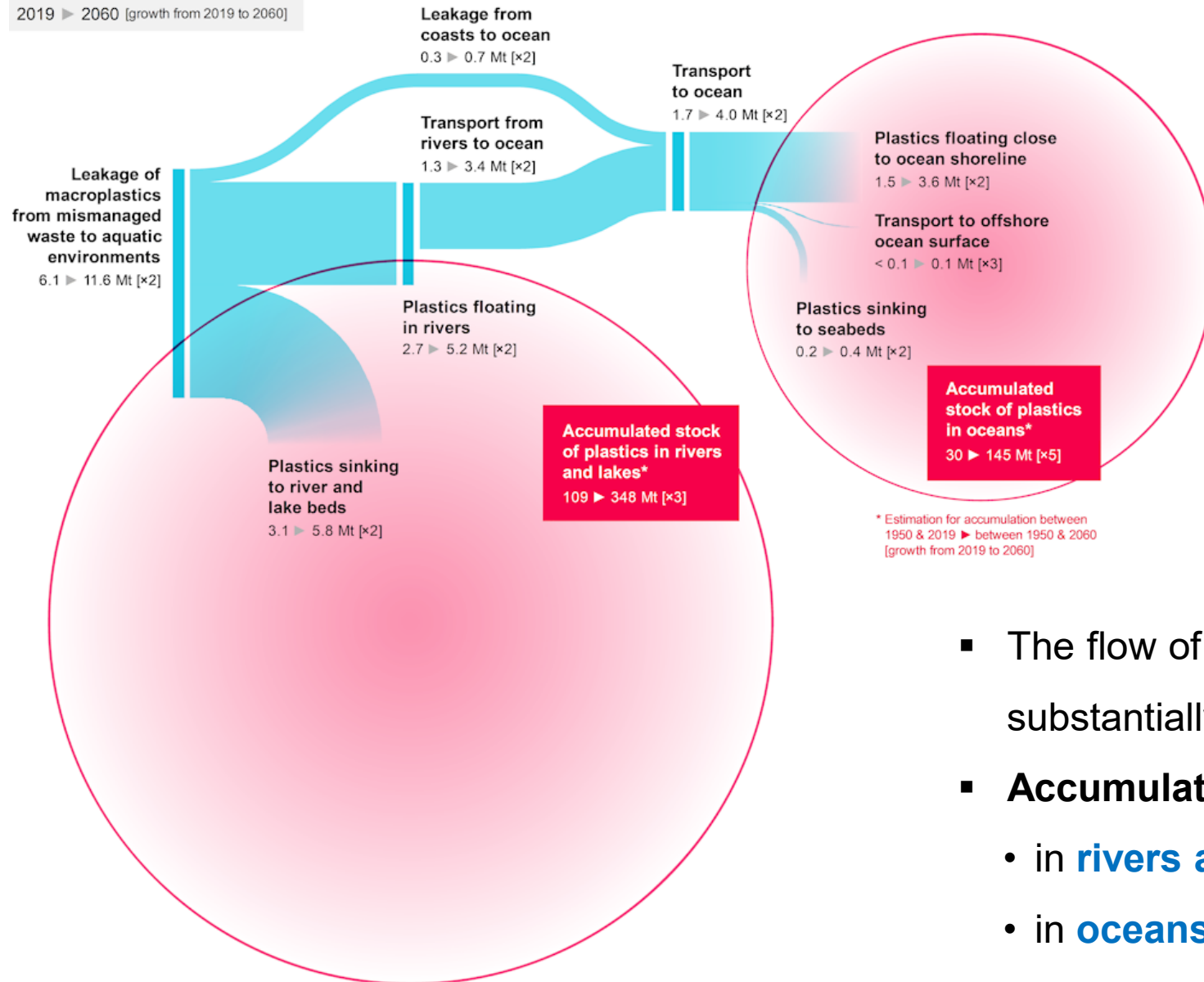
- **Plastic use** is projected to almost **triplicate** from **460 Mt** in **2019** to **1231 Mt** in **2060**
- **Plastic use** will **grow fast** in **developing and emerging economies** in **Africa and Asia**



Source: OECD, 2022 – Global Plastics Outlook: Policy Scenarios to 2060

Plastic pollution

2019 ▶ 2060 [growth from 2019 to 2060]



- **Leakage of plastics into the aquatic environment is projected to double between 2019 and 2060**

- The flow of macroplastics into rivers and lakes is substantially larger than outflows to the oceans
- **Accumulated stock of plastics in 2060:**
 - in **rivers and lakes** will **increase 3x** (348 Mt)
 - in **oceans** will **increase 5x** (145 Mt)

PLASTIC POLLUTION

Estimated 171 trillion plastic particles in world's oceans



Ocean plastic a 'planetary crisis' - UN

BBC

NEWS

5 December 2017 · Comments



The Guardian

Helena Horton and Damian Carrington

Wed 8 Mar 2023 20:00 CET



More than 170tn plastic particles afloat in oceans, say scientists

'Cleanup is futile' if production continues at current rate, amid rapid rise in marine pollution

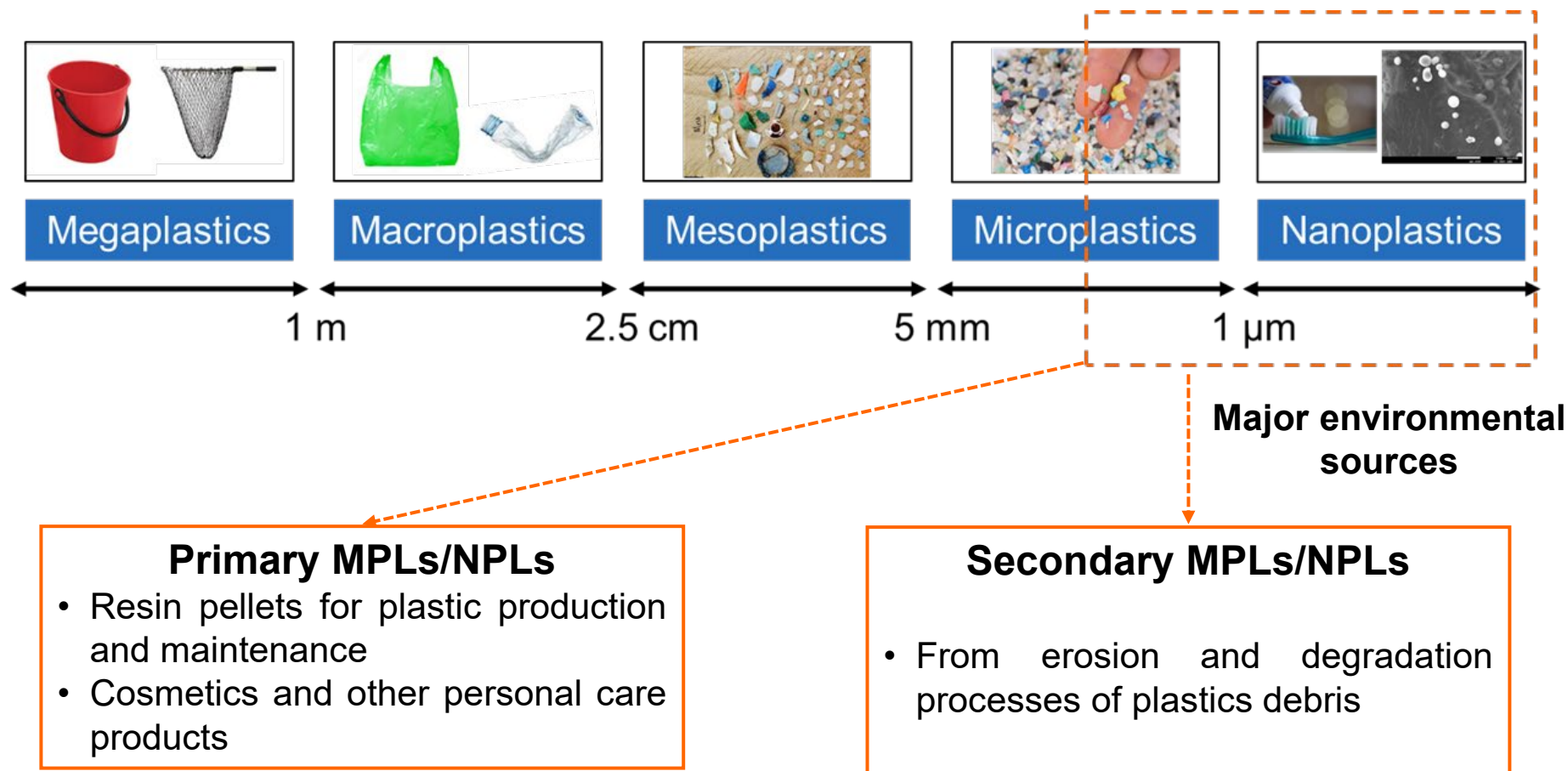


Vultures scavenge for food among rubbish, including plastic waste, strewn on Costa del Este neighbourhood of Panama City. Photograph: Luis Acosta/AFP/Getty



Microplastics in the environment

Plastic litter is mainly classified based on the size (Marine Strategy Framework Directive (MSFD, 2008/56/EC)):

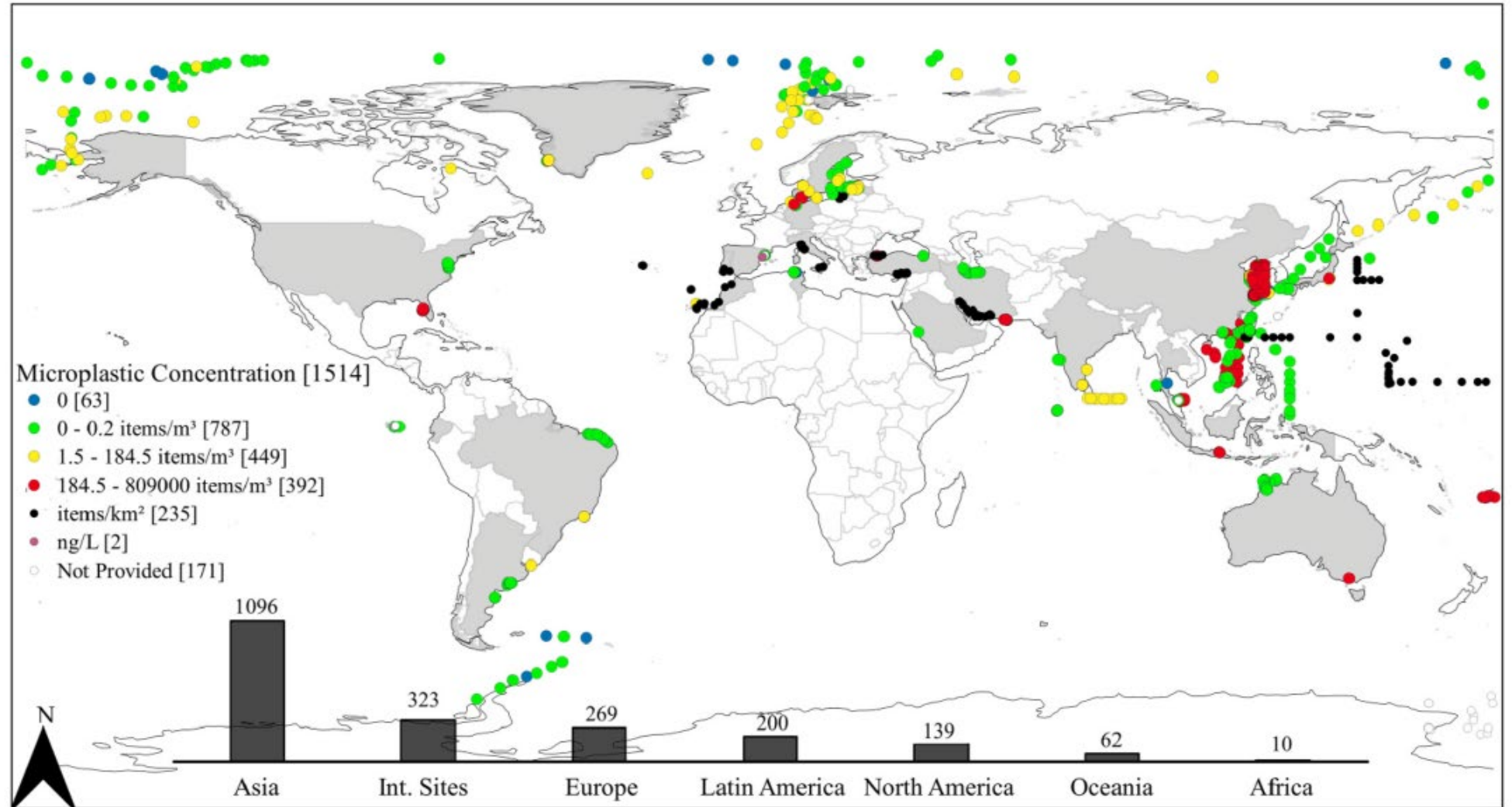


- Independently of the size, plastic results as **persistent debris**, because of its **durability** and **slow degradation** in the environment
- **Most common MPs found in the environment:** *polyethylene terephthalate (PET)*, *polyester*, *polyethylene (PE)*, *polyvinylchloride (PVC)*, *polypropylene (PP)*, *polyamide (PA)*, *polystyrene (PS)*...

Microplastics in the environment

- **Microplastics are worldwide distributed** along coastal and maritime zones of all continents
- **Asia, Europe and Latin America** with a high number of studies

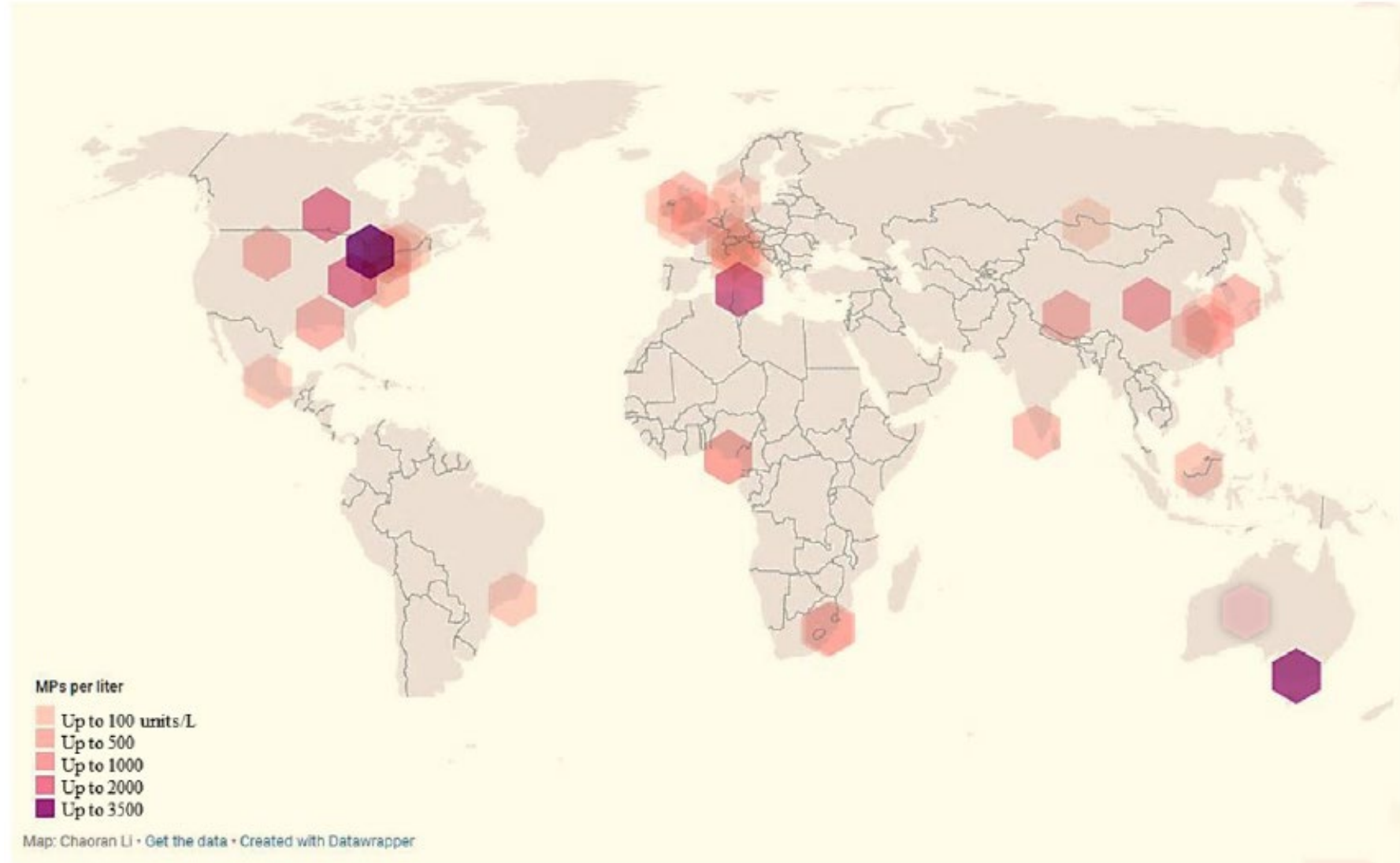
Occurrence of MPs in marine and coastal waters



Microplastics in the environment

- Studies on the occurrence and distribution of **microplastics in freshwater systems** are **scarce**

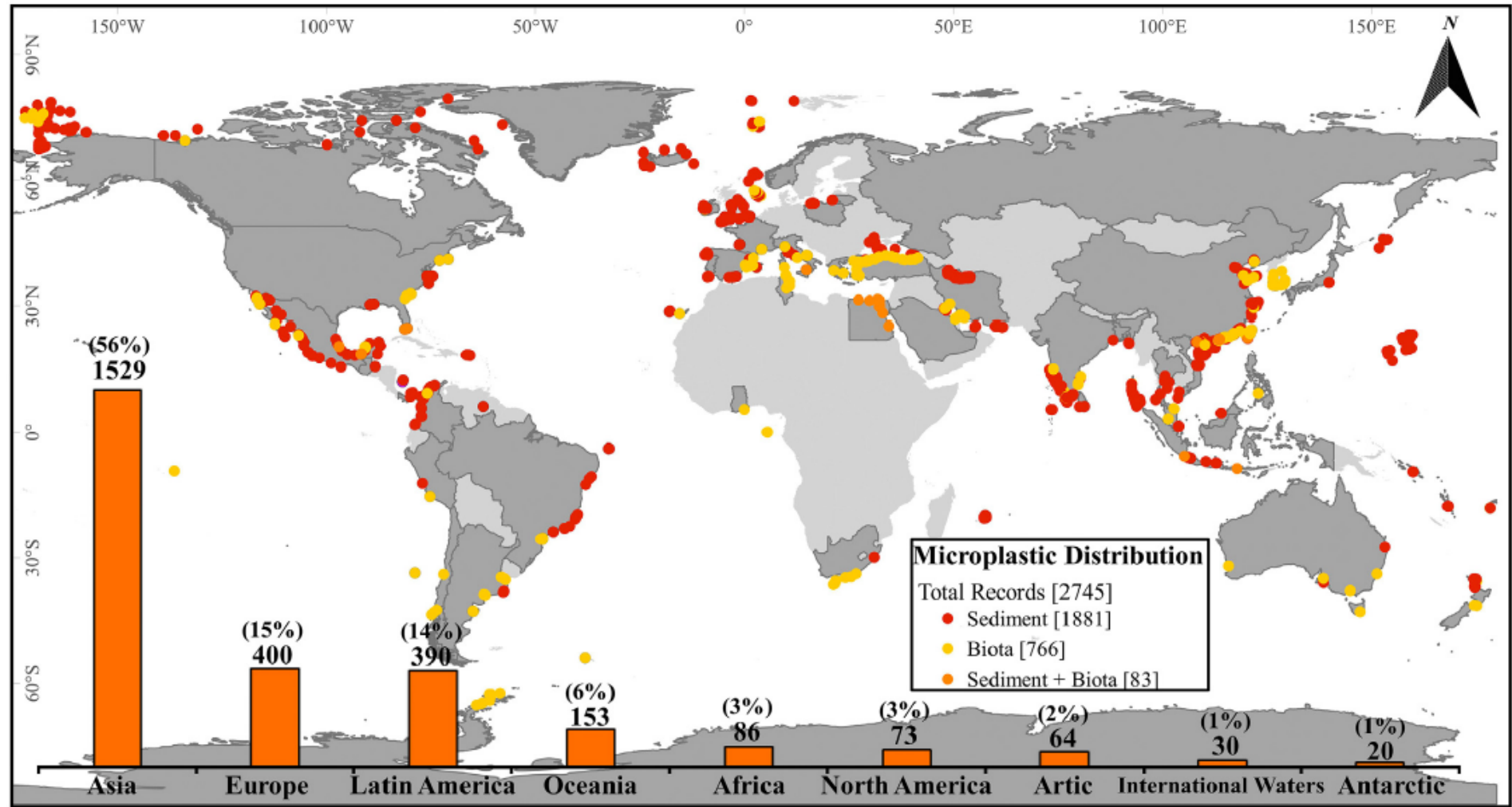
Occurrence
of MPs in
freshwater
systems



Microplastics in the environment

- **Microplastics** have been detected in **sediments and biota** worldwide
- Most results were reported in **Asia** (e.g., China, India), **Europe** and **Latin America**

Occurrence of MPs in sediments and biota



Plastic litter in the environment

ARTICLES

<https://doi.org/10.1038/s41893-021-00722-6>

nature
sustainability

Check for updates

Floating macrolitter leaked from Europe into the ocean

Daniel González-Fernández¹✉, Andrés Cózar¹, Georg Hanke², Josué Viejo¹, Carmen Morales-Caselles¹, Rigers Bakiu³, Damià Barceló^{4,5}, Filipa Bessa⁶, Antoine Bruge⁷, María Cabrera⁸, Javier Castro-Jiménez^{9,26}, Mel Constant¹⁰, Roberto Crosti¹¹, Yuri Galletti¹², Ahmet E. Kideys¹³, Nino Machitadze¹⁴, Joana Pereira de Brito¹⁵, Maria Pogojeva¹⁶, Nuno Ratola¹⁷, Júlia Rigueira¹⁸, Elisa Rojo-Nieto^{19,27}, Oksana Savenko^{20,21}, Rosanna I. Schöneich-Argent^{22,28}, Grzegorz Siedlewicz²³, Giuseppe Suaria²⁴ and Myrto Tourgeli²⁵

- Between **307 and 925 million litter items** are released annually from **Europe into the ocean**
- 82% observed litter is formed by **fragments** and **single-use plastics**

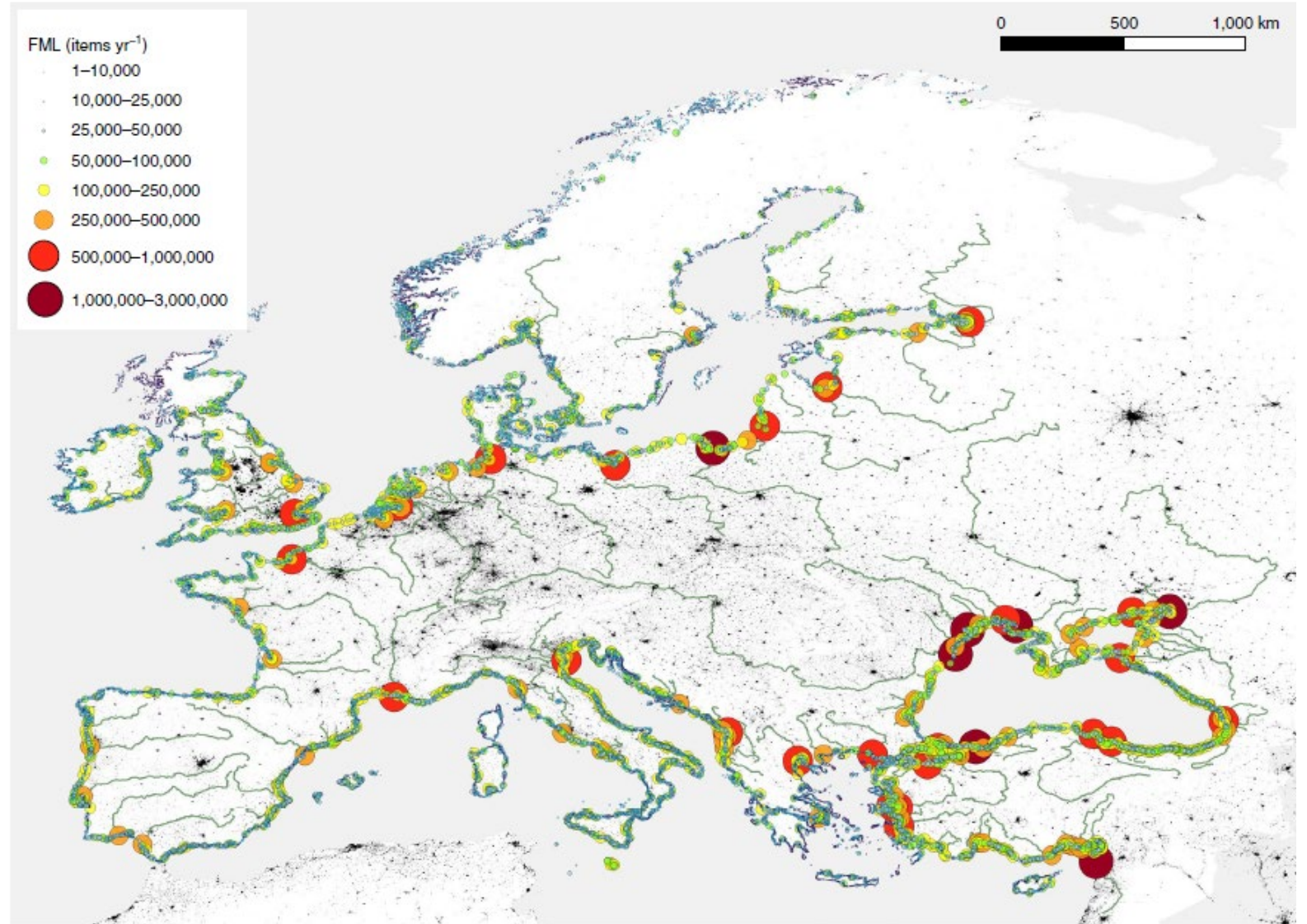


Fig. 4 | Spatial distribution of FML from Europe into the ocean. Spatial distribution of FML from Europe into the ocean based on mean-based modelled estimates. The coloured dots represent litter inputs predicted on the basis of the MW in each individual drainage basin.

Pharmaceuticals as emerging pollutants

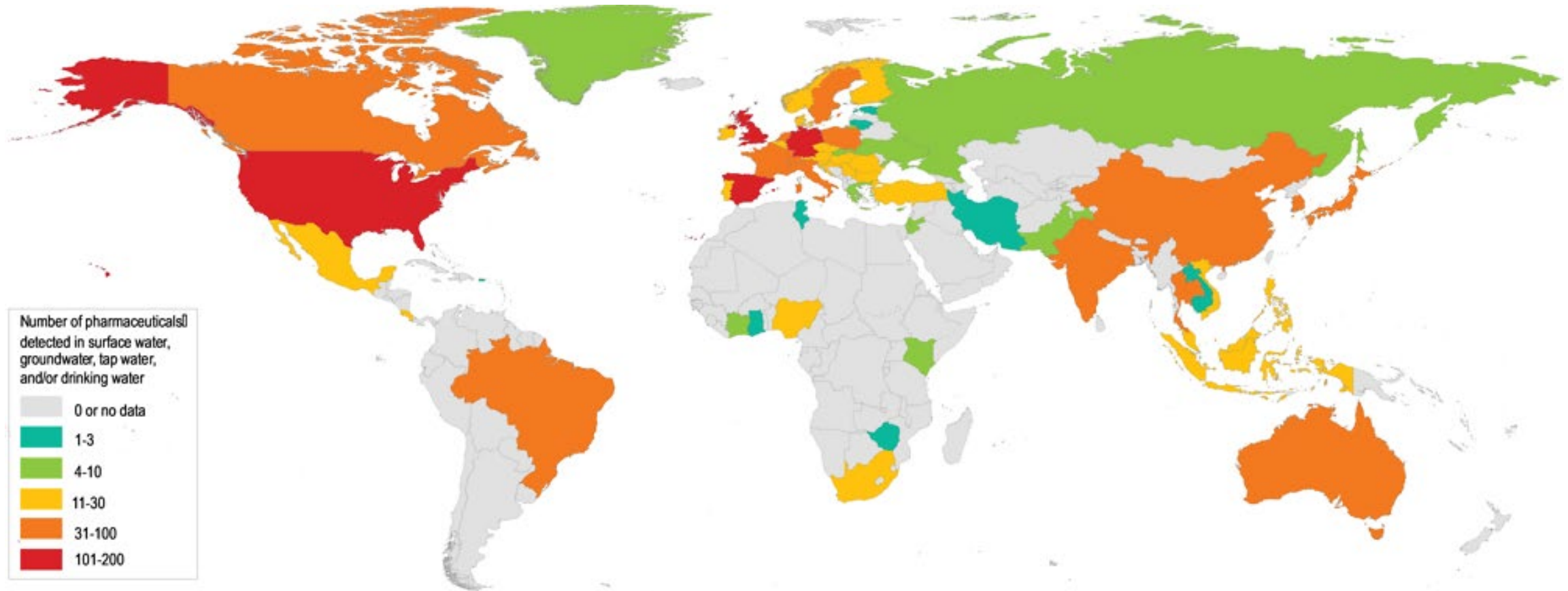


- ✓ Heterogeneous group
- ✓ Most of compounds are polar
- ✓ Developed to have a specific mode of action
- ✓ Resistant to biodegradation
- ✓ Do not need to persist in the environment, since they are continuously introduced → **pseudo-persistent contaminants**

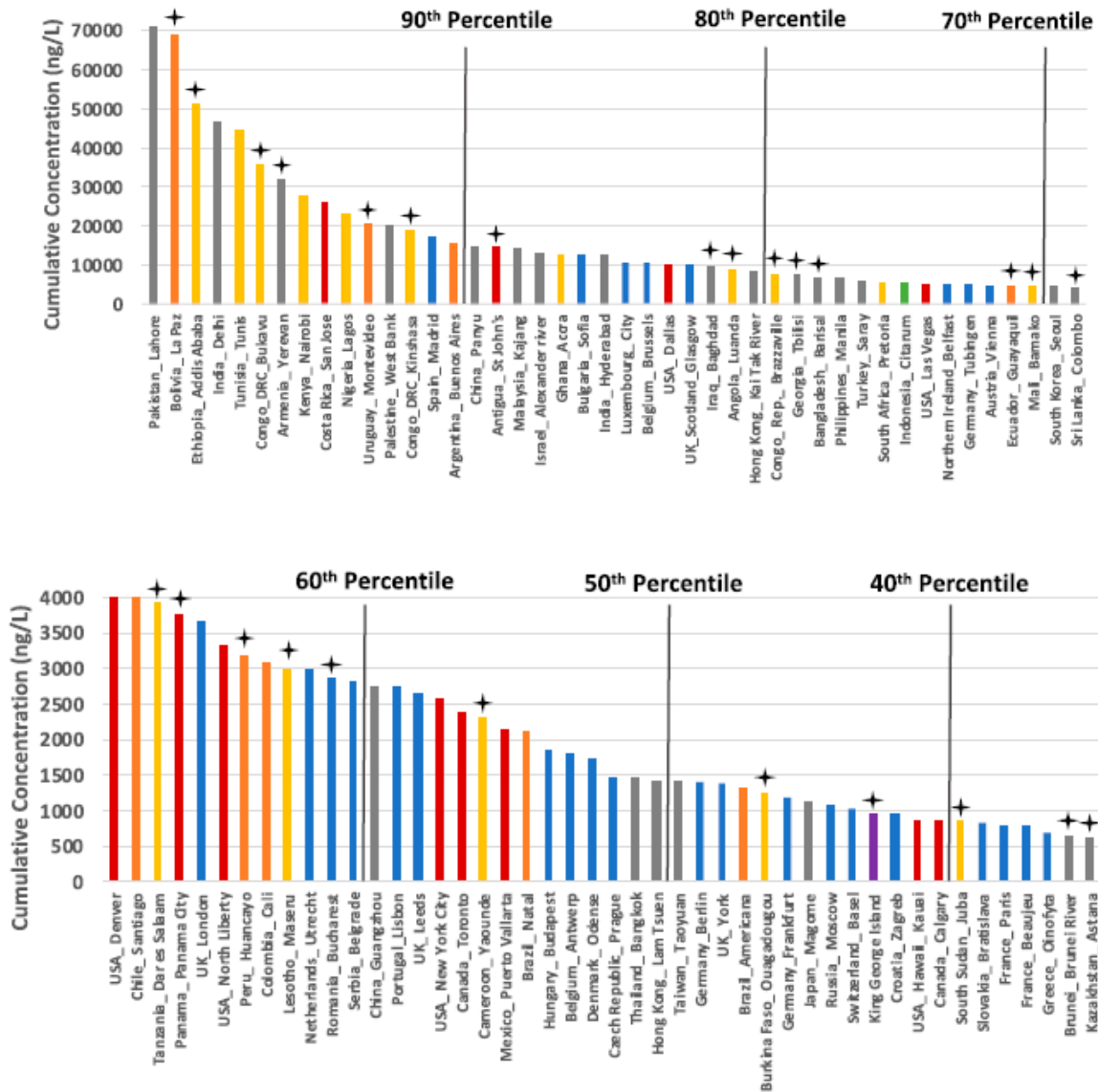


Pharmaceuticals in the environment

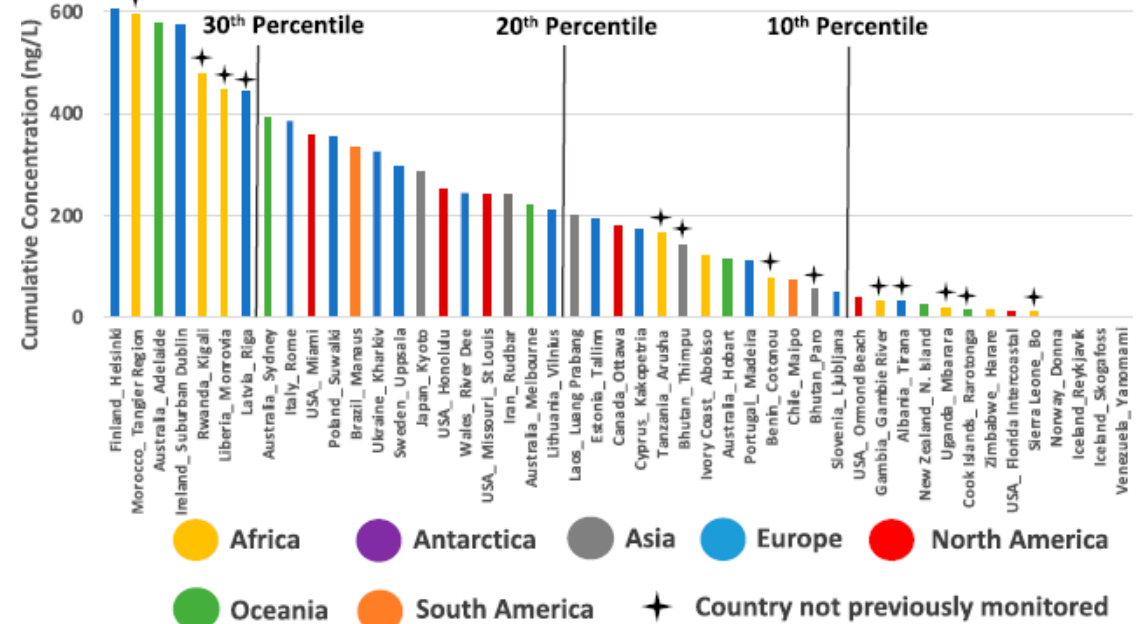
- **Pharmaceuticals are ubiquitously present in the water bodies worldwide**
- Nowadays there are a **few data** on the presence of pharmaceuticals in **developing countries**



Pharmaceuticals in the environment



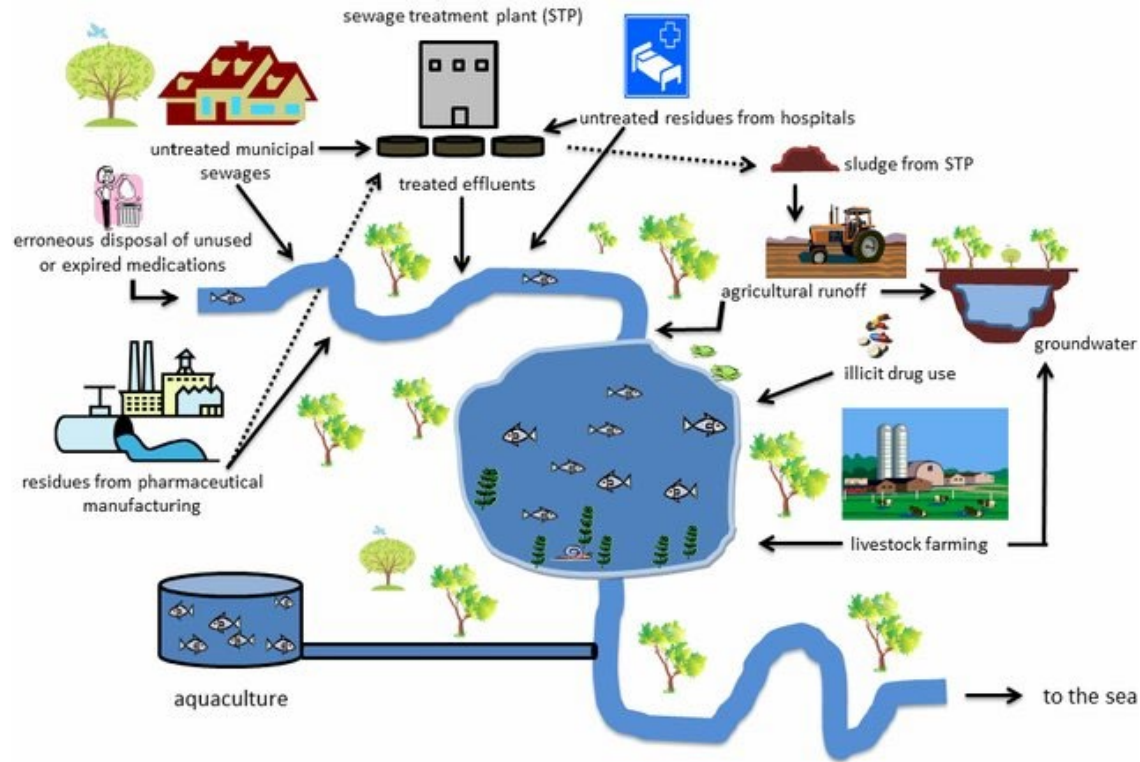
- Global-scale study of the presence of **61 pharmaceuticals** in river's world covering **104 countries** across all continents



- Highest cumulative concentrations found in **Asia, Africa and South America**
- Most contaminated sites:**
 - located in **low- to middle-income countries;**
 - associated with areas with **poor wastewater and waste management** and pharmaceutical manufacturing

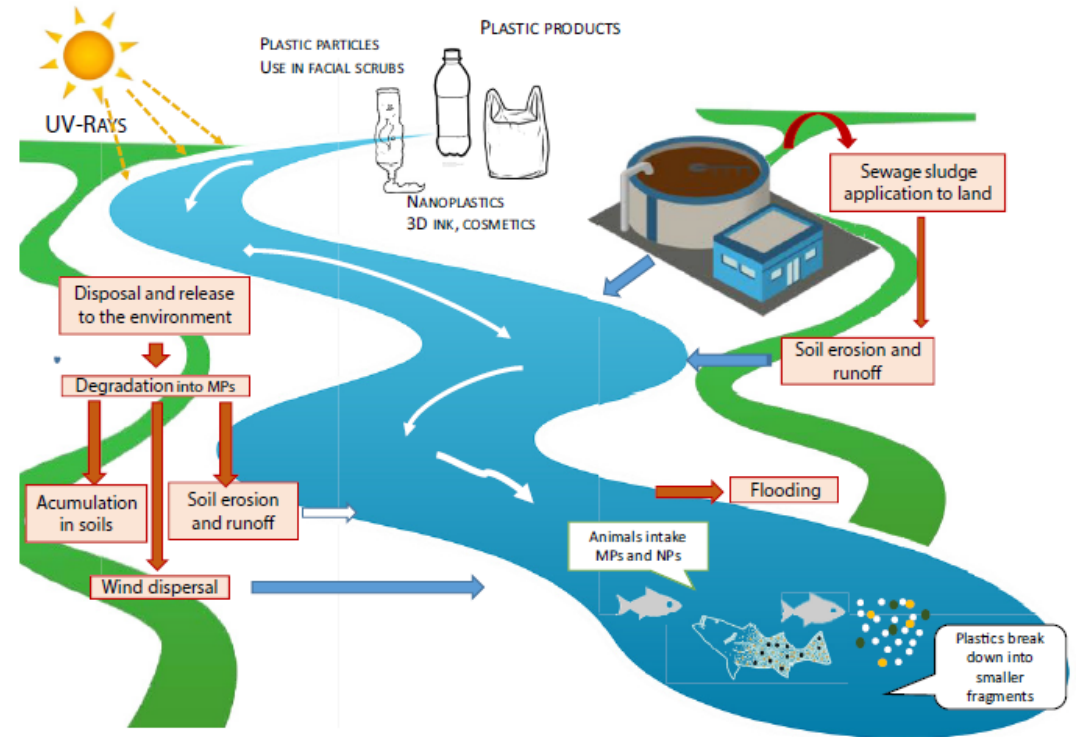
Sources and fate of contaminants in the environment

Pharmaceuticals



Source: Matozzo, ISJ 11 (2014) 163

Microplastics



Source: Picó et al., TrAC 113 (2019) 409

- **Microplastics** and **pharmaceuticals** have common sources and fate in the environment
- **Microplastics** are **ubiquitously distributed** in the environment together with other organic contaminants, such as pharmaceuticals, personal care products, pesticides, endocrine disruptor compounds, etc.

Interaction of Microplastics with Antibiotics in Aquatic Environment: Distribution, Adsorption, and Toxicity

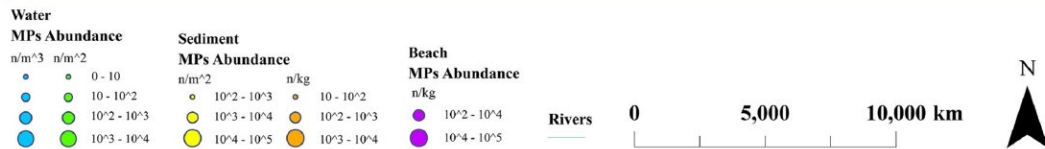
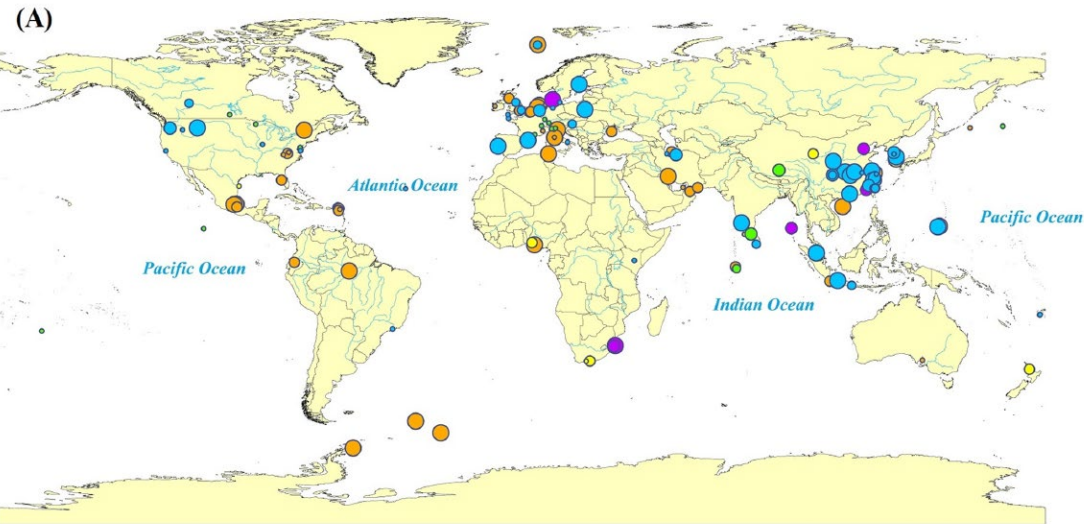
Yanhua Wang, Yanni Yang, Xia Liu, Jian Zhao,* Ruihan Liu, and Baoshan Xing*

Cite This: *Environ. Sci. Technol.* 2021, 55, 15579–15595

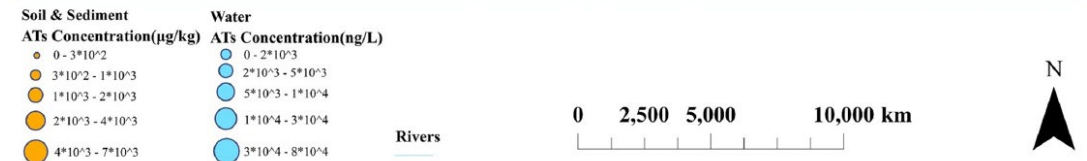
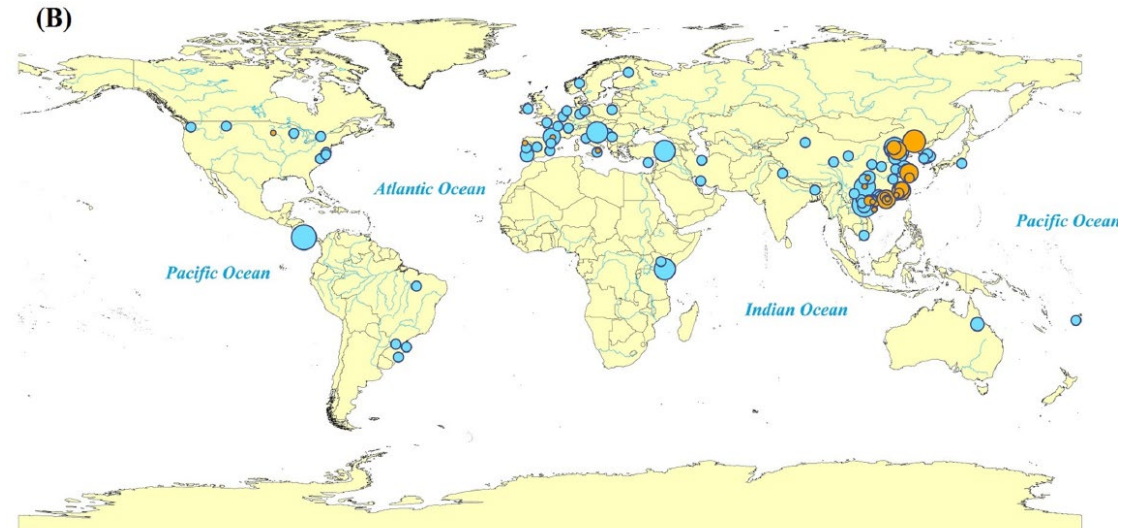
Read Online

Microplastics can sorb organic contaminants from the surrounding water column, acting as vector or carrier

Microplastics

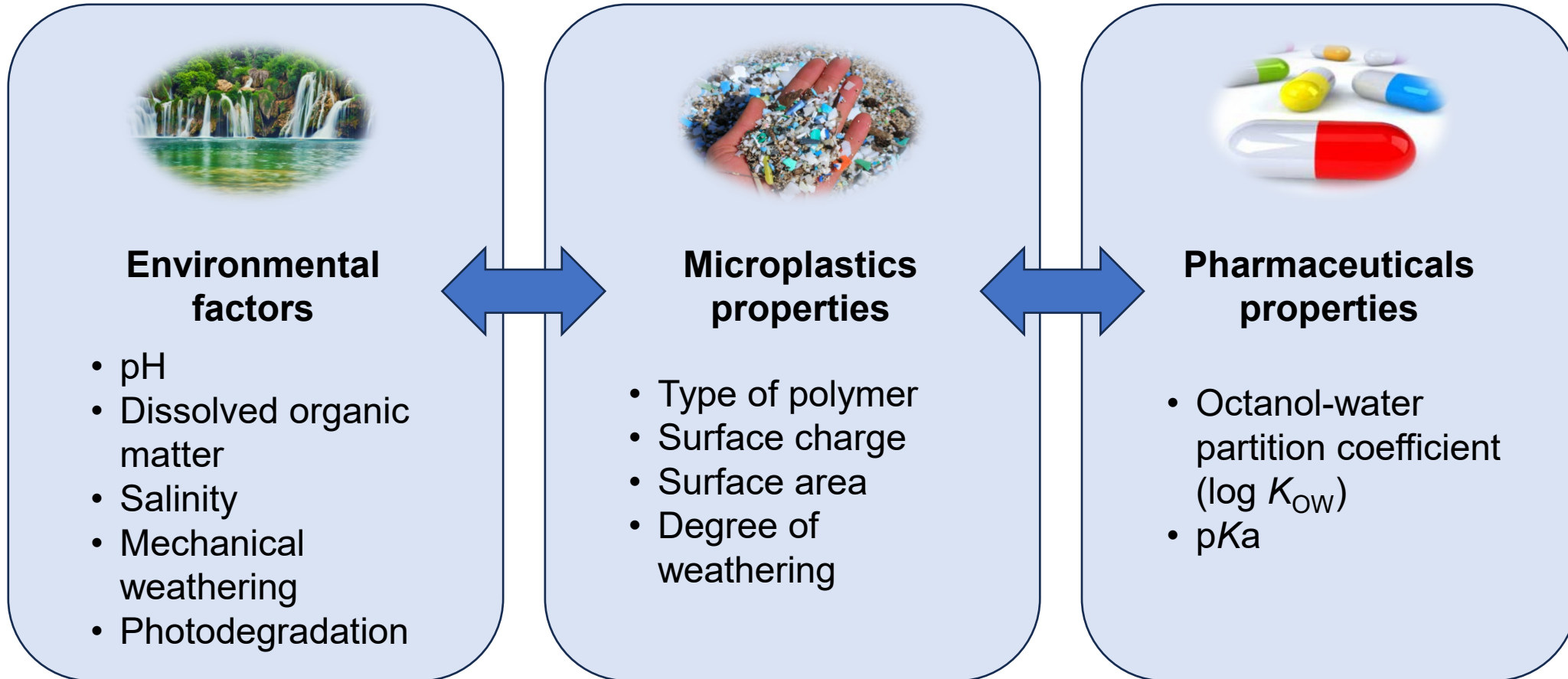


Antibiotics



Interaction of microplastics with pharmaceuticals

- Adsorption of pharmaceuticals on microplastics will depend on different factors:



- Microplastics and pharmaceuticals properties will be also important on the **desorption of pharmaceuticals** under **physiological conditions**, once ingested by organisms

Interaction of microplastics with pharmaceuticals

➤ Main mechanisms of interaction between pharmaceuticals and microplastics

Examples:

- Ciprofloxacin/PS, PVC

Pore-filling interactions

Examples:

- Ciprofloxacin/PE
- Diclofenac/PS, PE, PP

Hydrophobic interactions

Examples:

- Tetracycline/PS
- Ibuprofen, diclofenac, naproxen/PS

π - π interactions

Examples:

- Ciprofloxacin/PE
- Sertraline/PE

Electrostatic interactions

Examples:

- Tetracycline/PE, PS, PVC

Cation ligand interactions

Van der Waals interactions

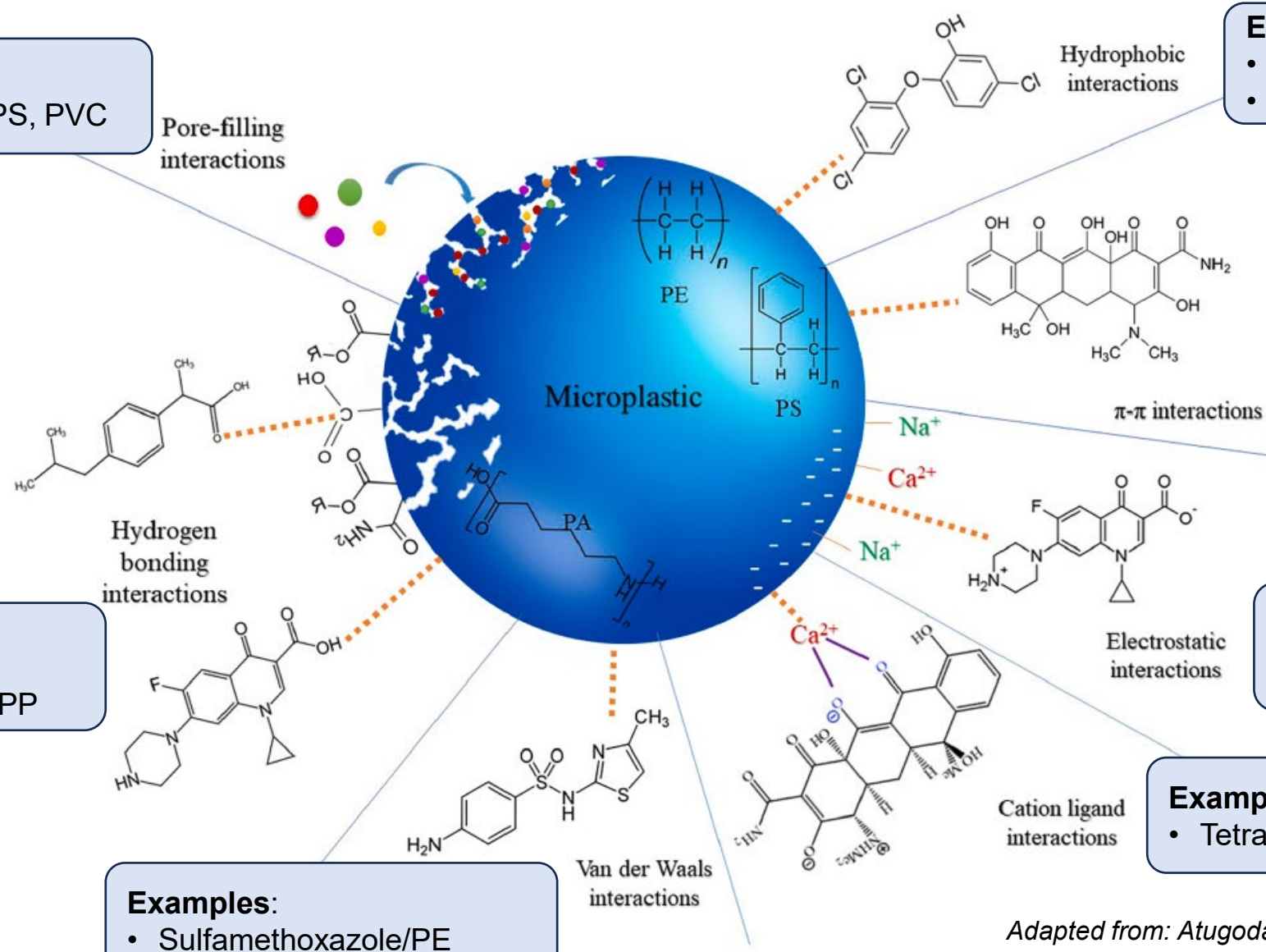
Examples:

- Ciprofloxacin/PA
- Diclofenac/PS, PE, PP

Hydrogen bonding interactions

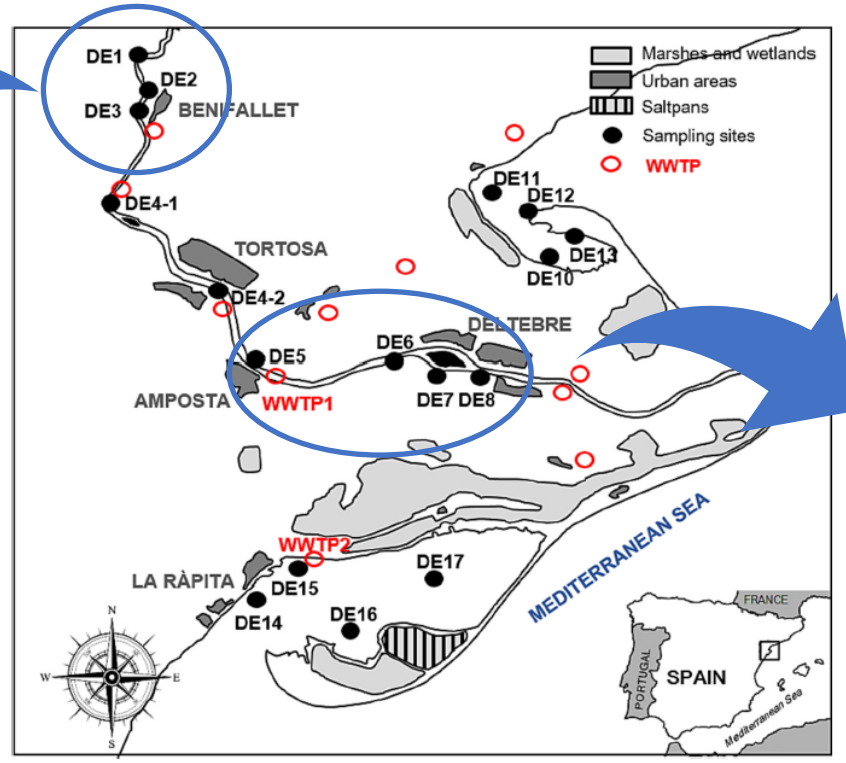
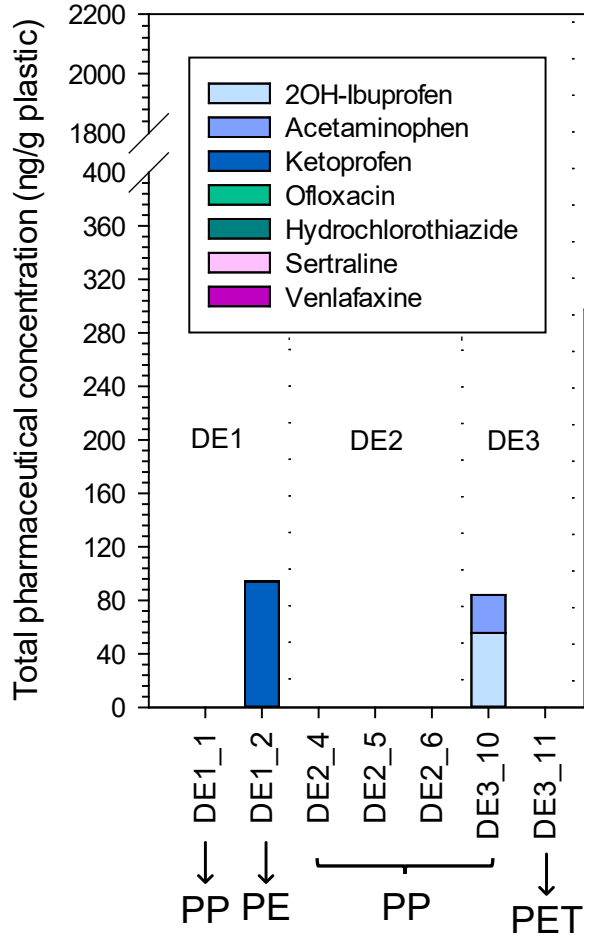
Examples:

- Sulfamethoxazole/PE

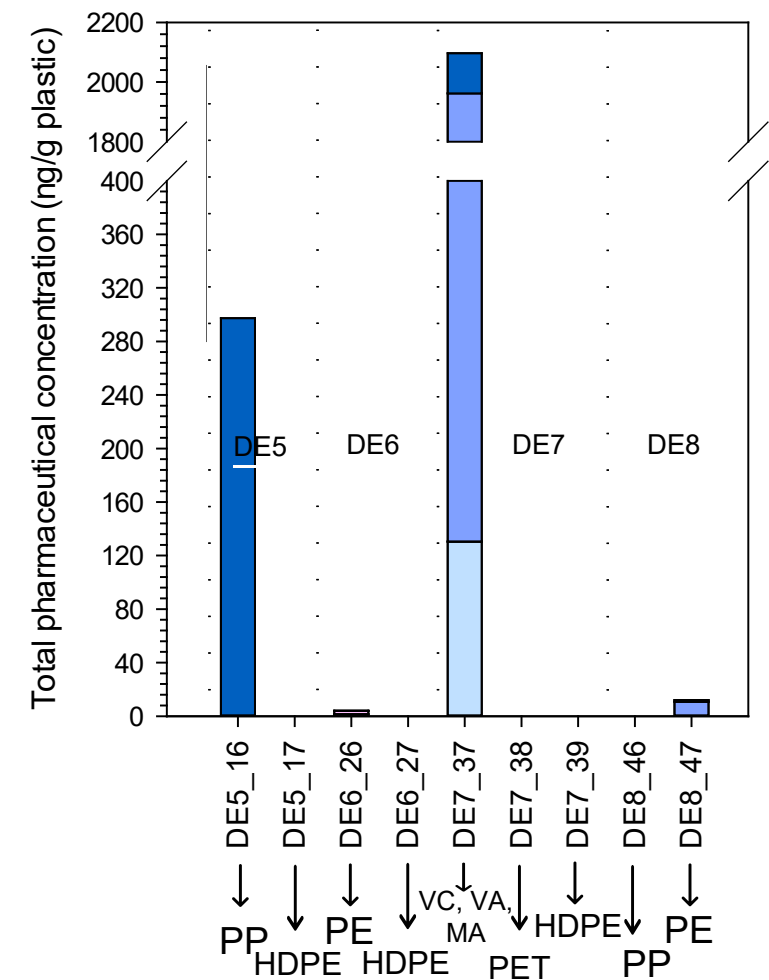


Adsorption of pharmaceuticals in plastic litter: a case study in the Ebro River (Spain)

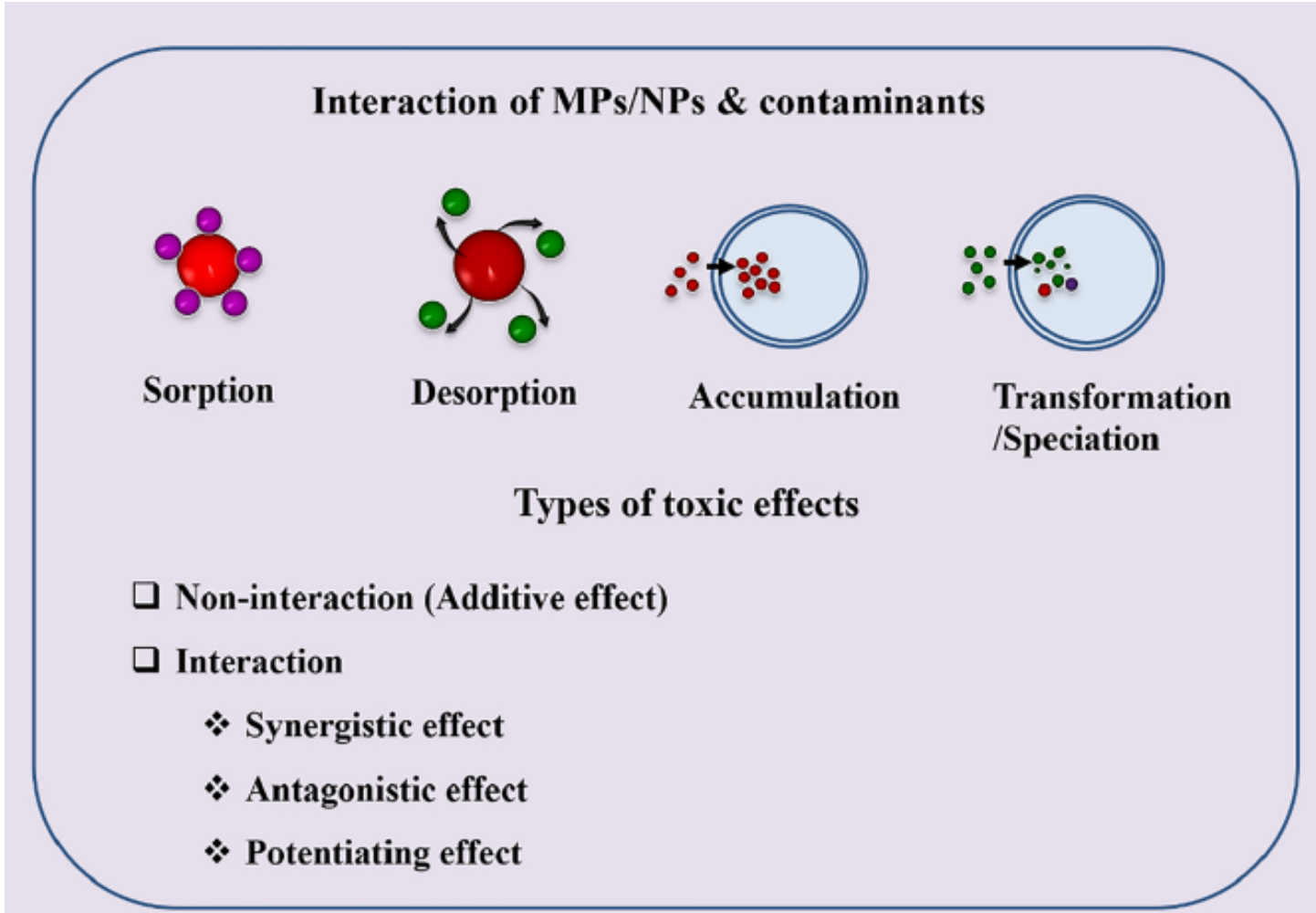
- 4 types of plastic polymers (PP, PE, PET, copolymer VC, VA, MA)
- 7 pharmaceuticals adsorbed in plastic litter



Analgesic/anti-inflammatories (e.g., ketoprofen, acetaminophen) were the most frequently detected



Environmental implications of the interaction of microplastics and pharmaceuticals



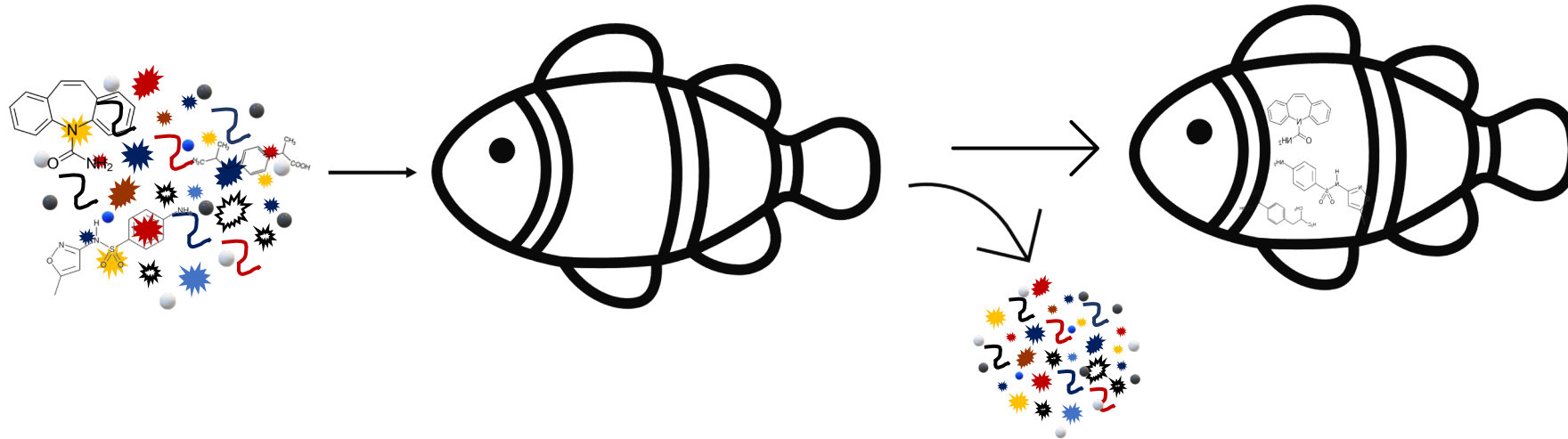
Adapted from: Bhagat et al., *J. Hazard. Mat.* 405 (2021) 123913

- The **interaction of pharmaceuticals and MPs** may affect their absorption, distribution, metabolism, and excretion, which may result in unpredictable ecological responses.
- The presence of **MPs/NPs can decrease or increase a negative effect of a co-contaminant** or in some cases can have a neutral effect. The generated effect is a matter of dose of each contaminant and the ratios of the concentration of the contaminants within a mixture.

Adapted from: Agathokleous et al., *J. Hazard. Mat* 417 (2021) 126084; Santos et al., *CSCEE* 3 (2021) 100079

Environmental implications of the interaction of microplastics and pharmaceuticals - Bioaccumulation

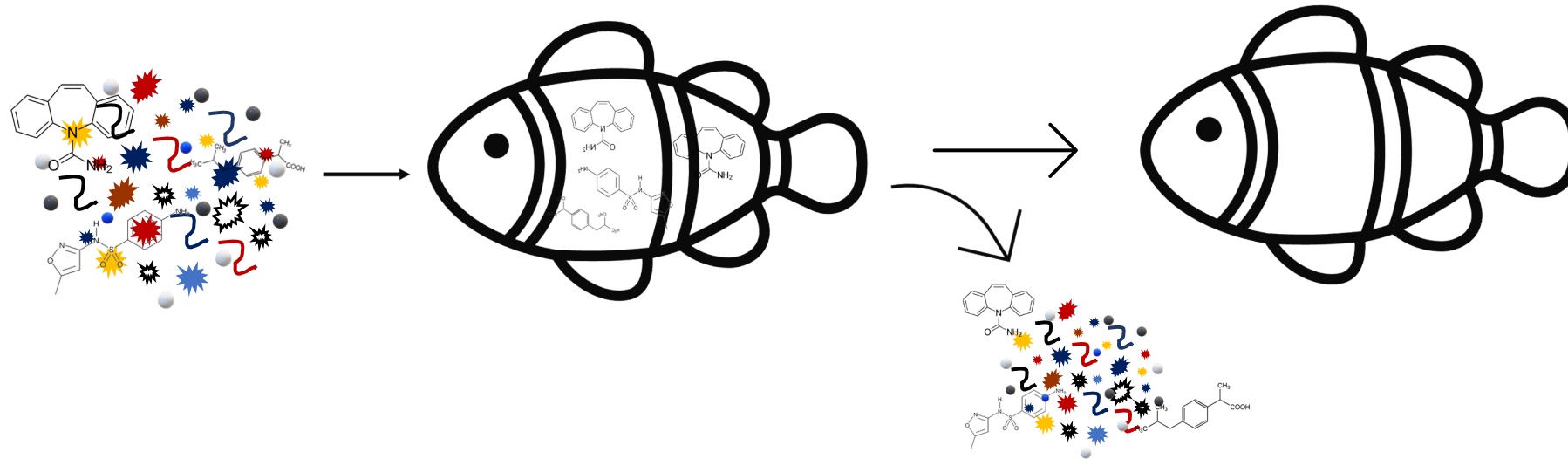
1) Microplastics potentiate bioaccumulation of pharmaceuticals



- **Enhancement** of the bioaccumulation of pharmaceuticals was found in **fish** and **bivalves**. Possible causes:
 - ✓ Desorption of pharmaceuticals from microplastics once ingested by organisms
 - ✓ Inhibition of the metabolization of pharmaceuticals by microplastics

Environmental implications of the interaction of microplastics and pharmaceuticals - Bioaccumulation

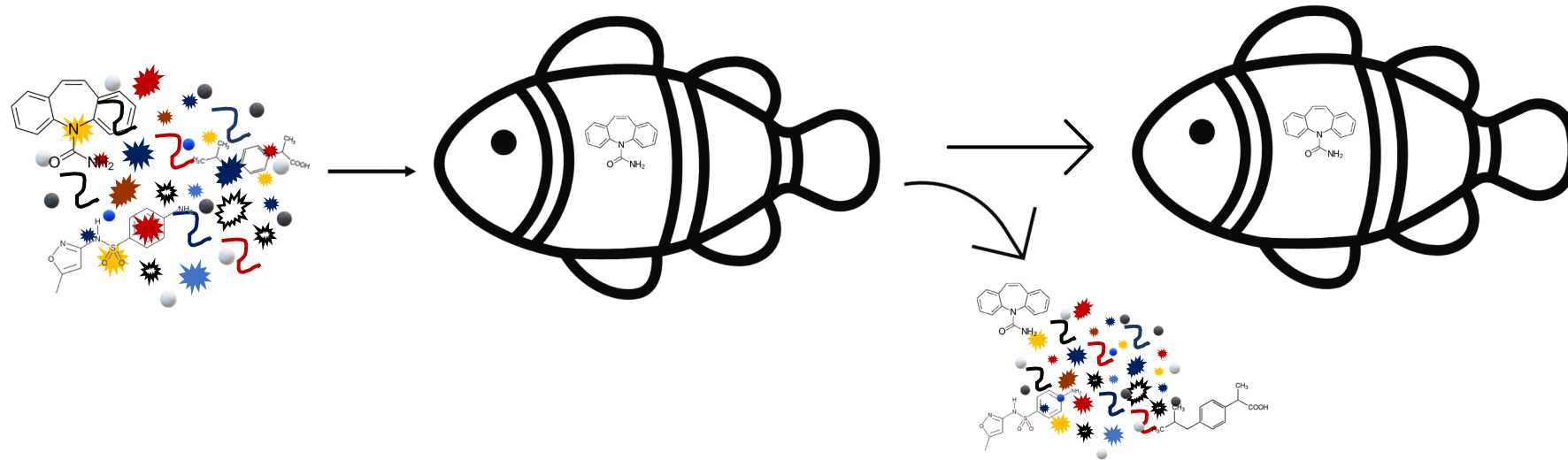
2) Microplastics decrease bioaccumulation of pharmaceuticals



- **Decrease** of the bioaccumulation of pharmaceuticals due to:
 - ✓ Adsorption of pharmaceuticals to microplastics, removing them from water column (not bioavailable)
 - ✓ Ingested microplastics adsorb pharmaceuticals already bioaccumulated, decreasing their body burden
 - ✓ Microplastics promote degradation of pharmaceuticals

Environmental implications of the interaction of microplastics and pharmaceuticals - Bioaccumulation

3) Microplastics do not have impact on the bioaccumulation of pharmaceuticals



- Ingested contaminated microplastics do **not have effect on the bioaccumulation** of pharmaceuticals
 - ✓ Equilibrium between microplastics, pharmaceuticals and aquatic organisms was reached before the ingestion
 - ✓ Fraction of pharmaceuticals accumulated from ingested microplastics can be negligible

Environmental implications of the interaction of microplastics and pharmaceuticals - Toxicity

- **Psychiatric drugs** and **antibiotics** are among the **most studied** pharmaceuticals (33% literature each)
- Most of the ecotoxicological studies focused on **Polystyrene**

Microplastics might differently influence the toxicity of pharmaceuticals

Pharmaceutical	MPs-NPs	Organism	Toxicity	Endpoint
Ibuprofen	PS-NPs	Microalgae	↓	Growth inhibition rate
Roxithromycin	PS-MPs	Fish	↓	Neurotoxicity
Roxithromycin	PS-MPs	Fish	↓	Oxidative damage
Cefalexin	PE-MPs	Fish	↓	Predatory performance
Doxycycline	MPs	Microalgae	↑	Growth inhibition rate
Roxithromycin	PS-MPs	<i>Daphnia magna</i>	↑	SOD activity
Florfenicol	MPs	Clams	↑	Feeding activity
Venlafaxine	PVC-MPs	Fish	↑	Lipid peroxidation
Amitriptyline	PS-MPs	Fish	=	Development
Amitriptyline	PS-MPs	Fish	=	Swimming behavior
Fluoxetine	PS-NPs	Fish cell lines	=	Death

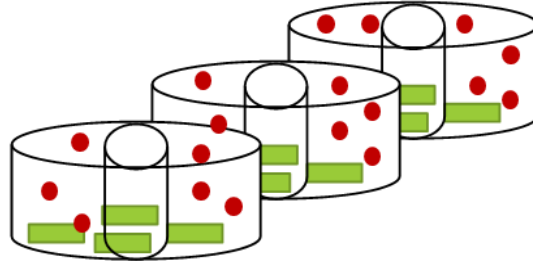
Interaction of microplastics with pharmaceuticals – impact on aquatic organisms

Combined exposure of river biofilms to clarithromycin and polyethylene microplastics

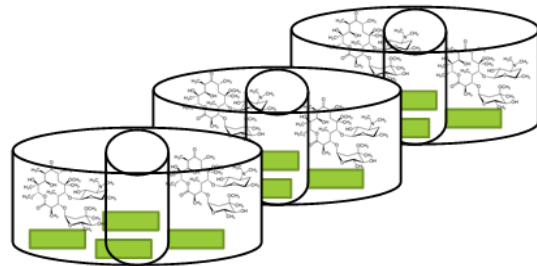
Exposure of river biofilm to contaminants in artificial mesocosms



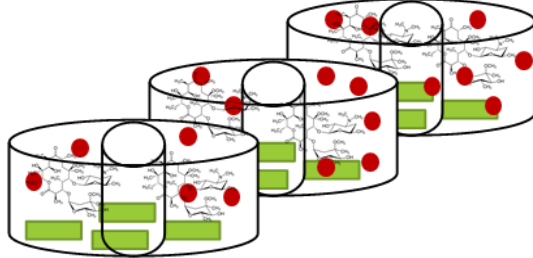
Control



Polyethylene (PE) 1 mg/L



Clarithromycin 50 µg/L



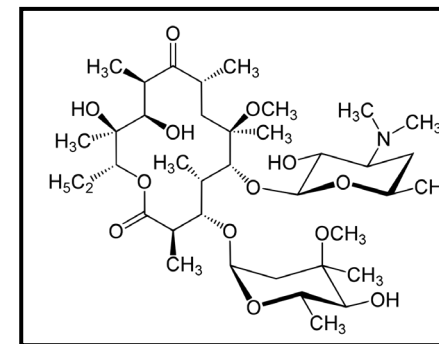
PE 1 mg/L + clarithromycin 50 µg/L



**Red Fluorescent
Polyethylene MPs**

Size: 10-45 µm

Conc. = 1 mg/L



Clarithromycin

Conc. = 50 µg/L

EC₅₀(72h) = 46 µg/L

(algae)

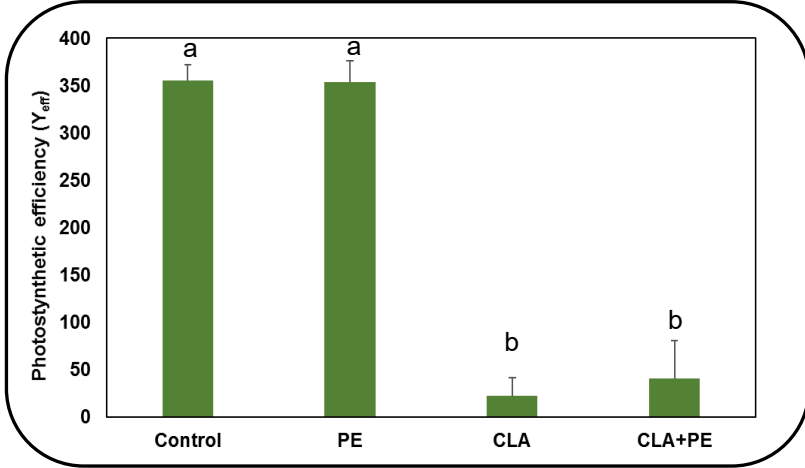
Experimental conditions:

- Biofilm colonization period → 5 weeks
- Controlled temperature (± 18 °C)
- Constant day-night cycle (12h/12h)
- Constant agitation
- Exposure time: 72h

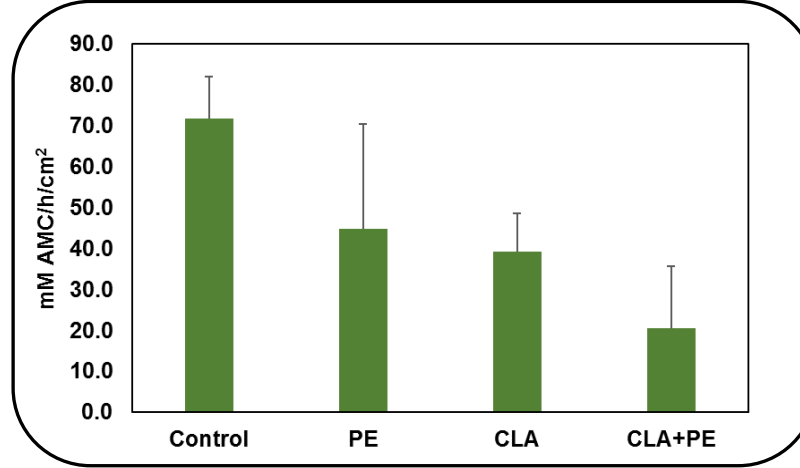
Combined exposure of river biofilms to clarithromycin and polyethylene microplastics

Structural and functional parameters of river biofilms were evaluated at the end of the experiment (72h)

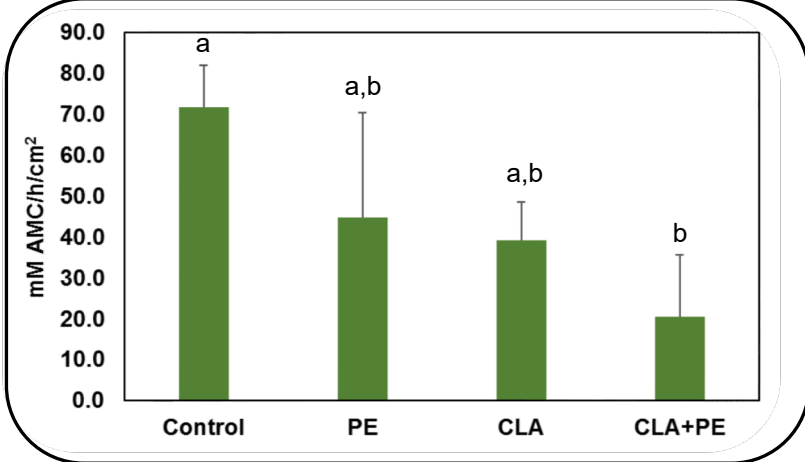
Photosynthetic efficiency (Y_{eff})



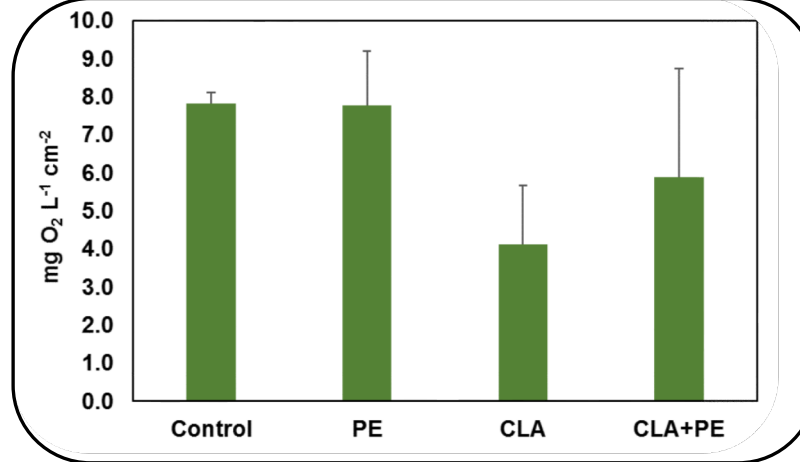
Chlorophyll-a content



Leucine aminopeptidase (LAP) activity



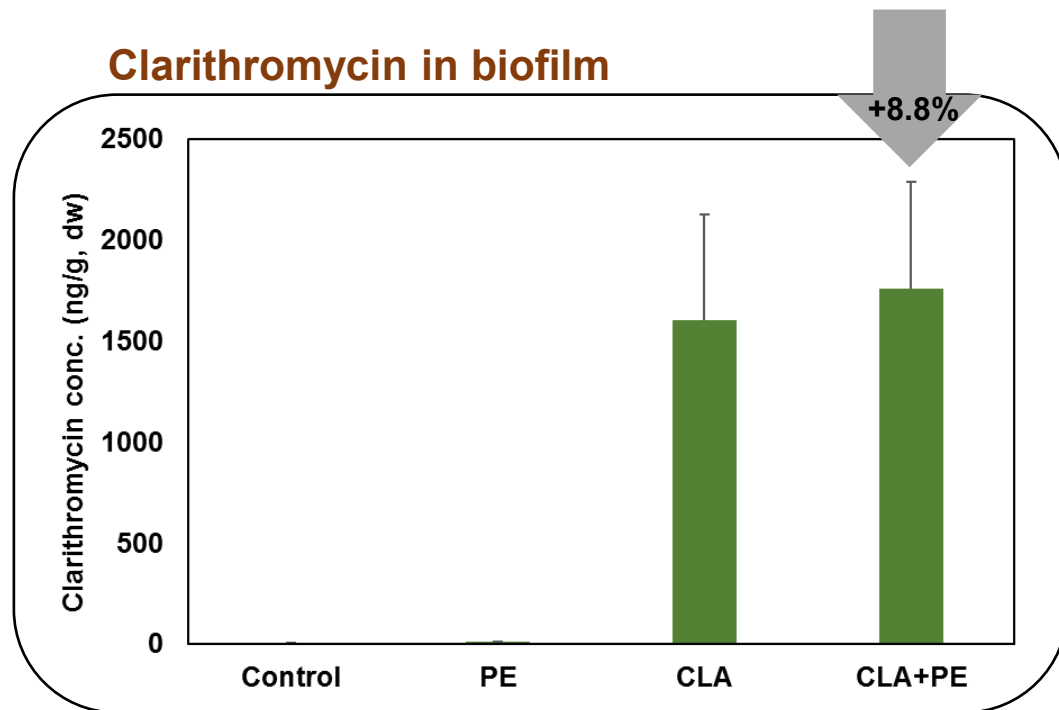
Net metabolism rate



- **Clarithromycin** caused a statistically **significant decrease** in the Y_{eff} compared to control and PE
- A **co-exposure** scenario (**CLA+PE**) provoked a statistically **significant decrease** in the **activity of the enzyme LAP** compared to control
- **Low toxicity of PE-MPs** (1.0 mg/L) on river biofilms compared to control

Combined exposure of river biofilms to clarithromycin and polyethylene microplastics

(Bio)accumulation of clarithromycin in river biofilm was evaluated at the end of the experiment (72h)



PE-MPs did not show a significant impact in the toxicity and (bio)accumulation of the antibiotic clarithromycin on river biofilms

- **Clarithromycin accumulated in river biofilms**
- A small increase (8.8%) in the conc. of clarithromycin was seen in the presence of PE MPs, but it was not statistically significant.



- **River biofilms showed similar BCF, independently of the presence of PE MPs**

	BCF CLA (L/kg, dw) ± SD
CLA	30 ± 9
CLA+PE	37 ± 12

Interaction of microplastics with pharmaceuticals – impact on aquatic organisms

Combined exposure of mussels to PE-MPs and pharmaceuticals (citalopram and bezafibrate)

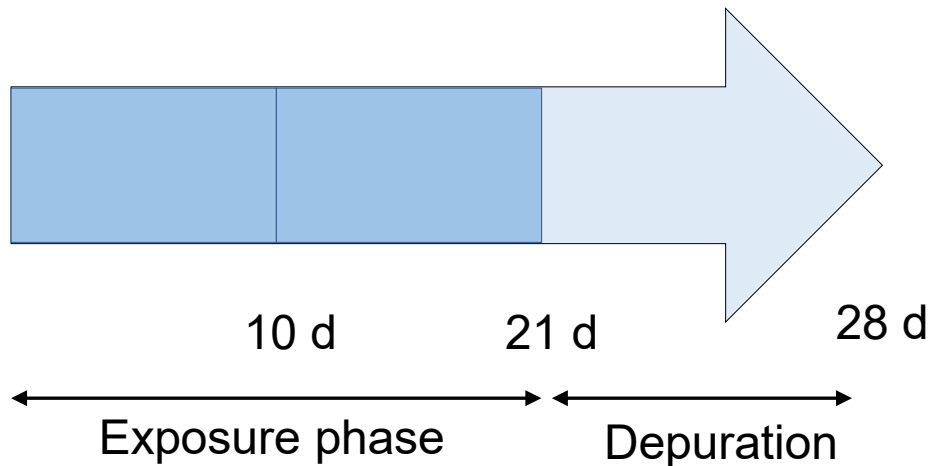
Test specie: Mediterranean mussels (*Mytilus galloprovincialis*)

Citalopram and bezafibrate exposure conc.: 0.5 µg/L

PE-MPs exposure conc.: 1.0 mg/L

PE mean particle size: 4-6 µm

Daily spike of contaminants



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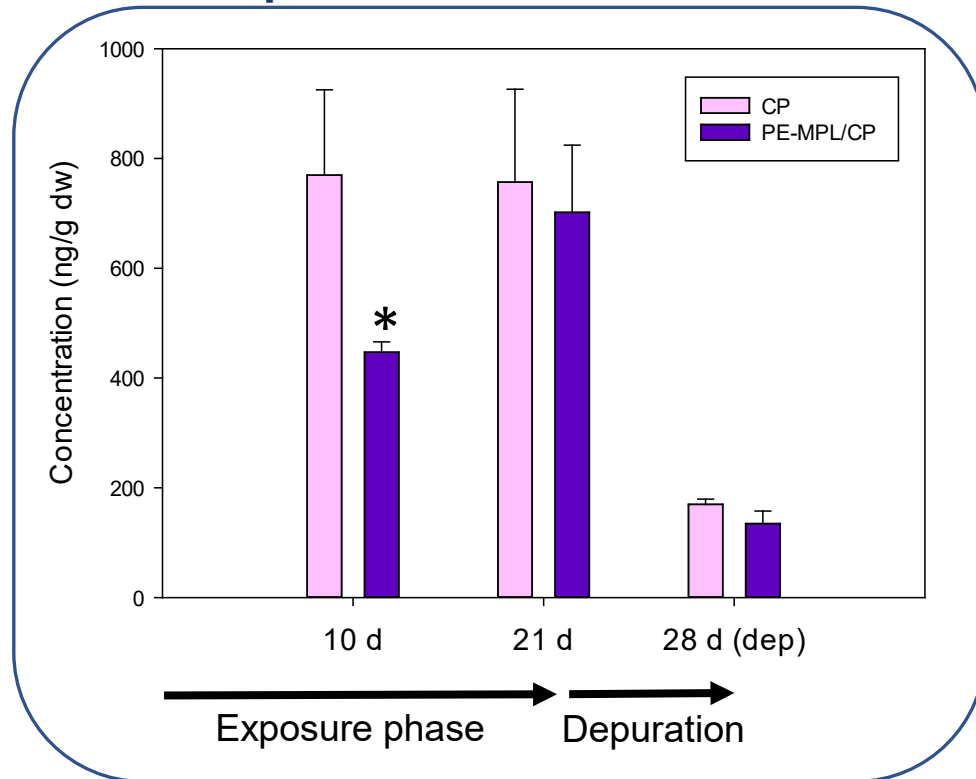
Combined exposure of the bivalve *Mytilus galloprovincialis* to polyethylene microplastics and two pharmaceuticals (citalopram and bezafibrate): Bioaccumulation and metabolomic studies

J.M. Castaño-Ortiz^{a,b,*}, F. Courant^c, E. Gomez^c, M.M. García-Pimentel^d, V.M. León^d, J.A. Campillo^d, L.H.M.L.M. Santos^{a,b}, D. Barceló^{a,b,e}, S. Rodríguez-Mozaz^{a,b}

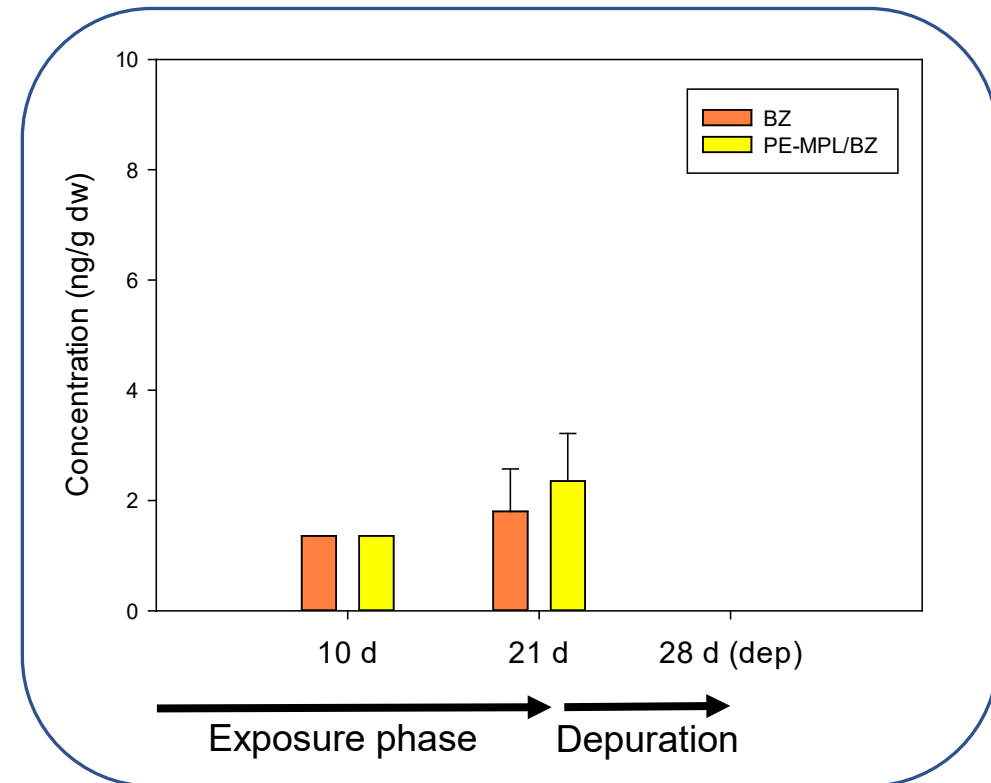


Combined exposure of mussels to PE-MPs and pharmaceuticals (citalopram and bezafibrate)

Citalopram



Bezafibrate

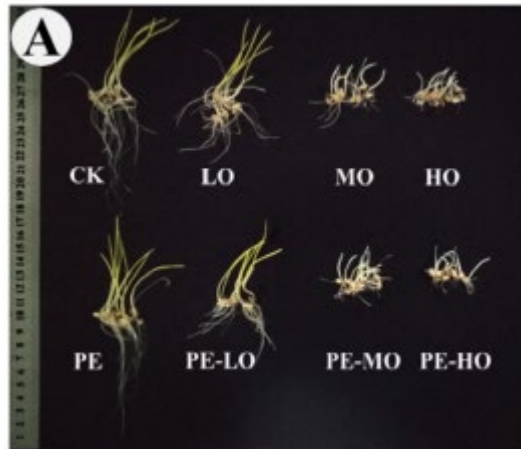


- **Higher bioaccumulation of citalopram** compared to bezafibrate (~ **500x** more)
- **PE-MPs delayed the bioaccumulation** of citalopram
 - ✓ PE-MPs (4-6 μm) might interfere with key surfaces for absorption of co-contaminants (e.g., gills, digestive tract)
- **After depuration**, pharmaceuticals partially (citalopram) or completely removed from mussels' tissue (bezafibrate)

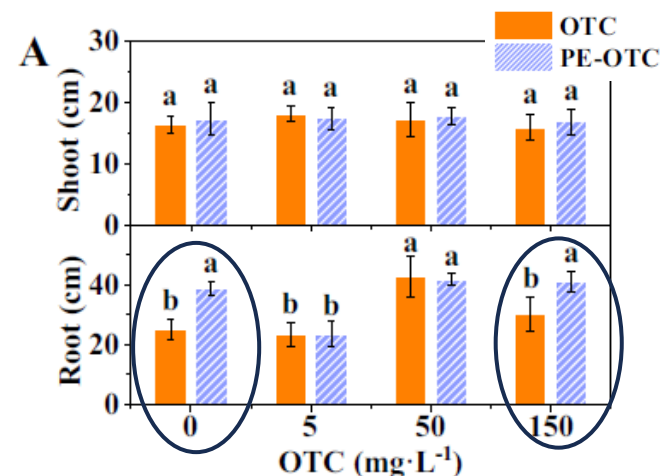
Interaction of microplastics with pharmaceuticals – impact on terrestrial organisms

Combined exposure of wheat seeds to PE-MPs and oxytetracycline

- Exposure of wheat (*Triticum aestivum* L.) seeds to oxytetracycline (5, 50, 150 mg/L) and PE-MPs (200 μ m) (800 mg/L)
- 5 days of germination



- Independently of the presence of PE-MPs, **OTC had a significant adverse effect on seeds germination**



- In **PE-MPs** and **PE-MPs + OTC (150 mg/L)**, **root length significantly increased**, which could be attributed to nutrient deficiency

Science of the Total Environment 806 (2022) 150553



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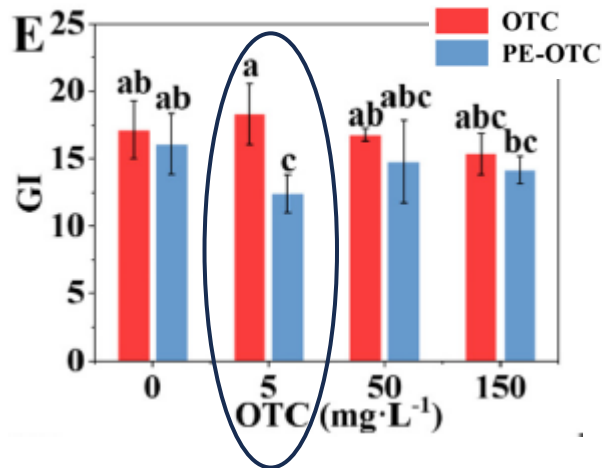
Stress response to oxytetracycline and microplastic-polyethylene in wheat (*Triticum aestivum* L.) during seed germination and seedling growth stages



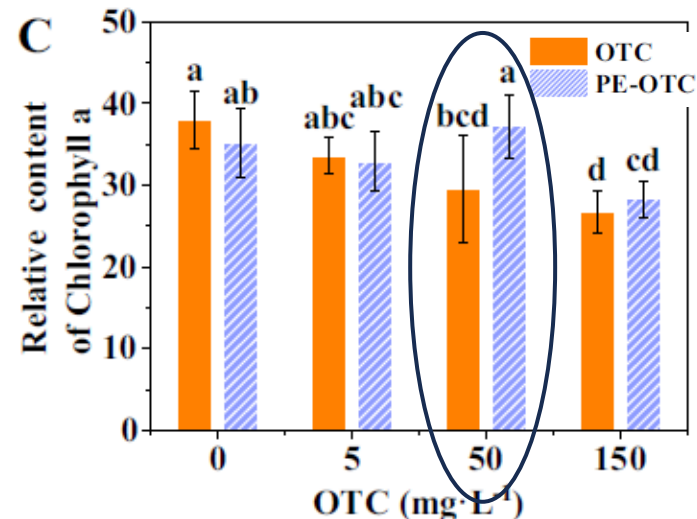
Yanyu Bao ^{a,*}, Chengrong Pan ^a, Dezheng Li ^a, Aiyun Guo ^a, Fengbin Dai ^b

Interaction of microplastics with pharmaceuticals – impact on terrestrial organisms

Combined exposure of wheat seeds to PE-MPs and oxytetracycline



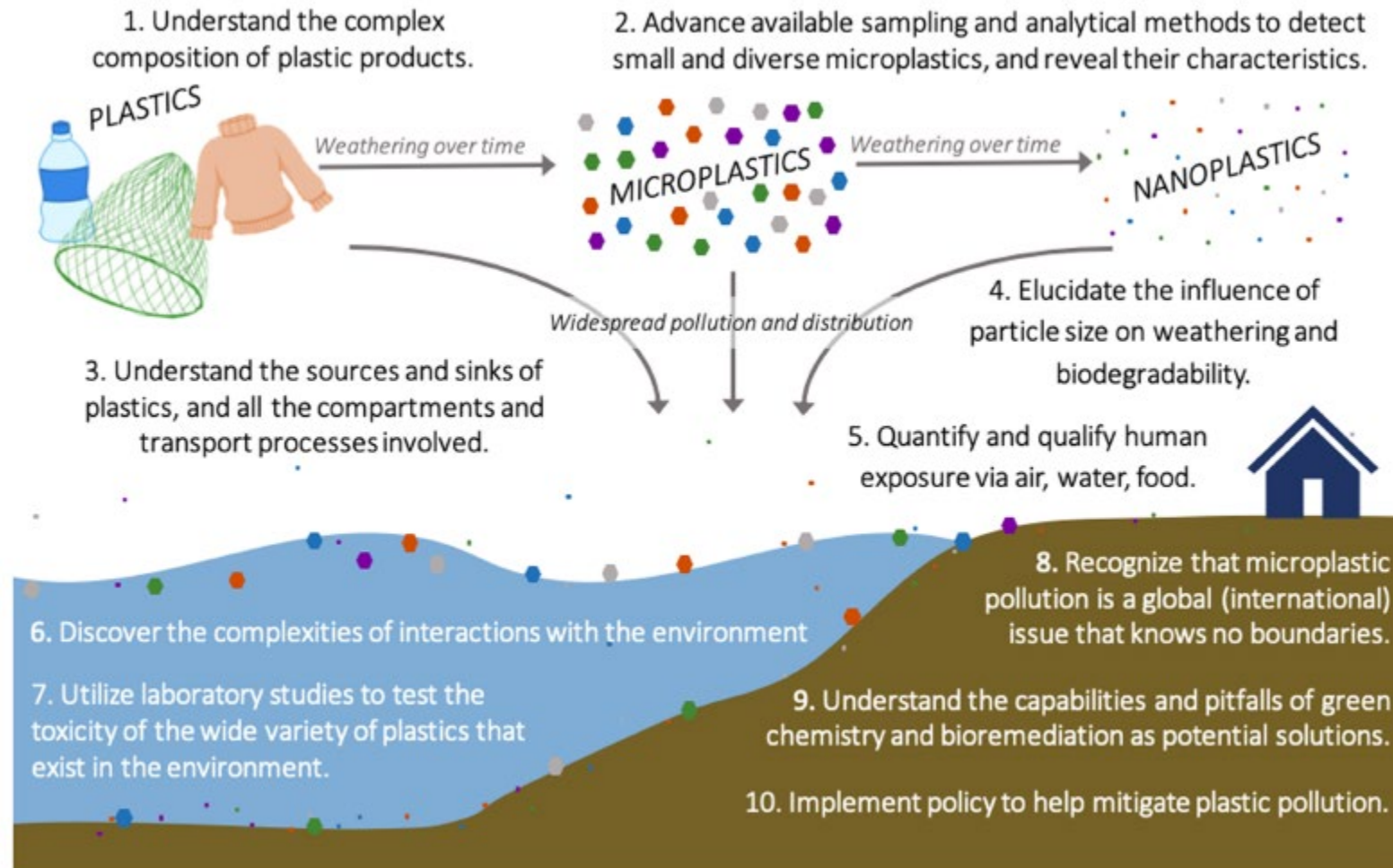
- The germination index (GI) significant decreased in the presence of PE-MPs + OTC (5 mg/L) compared to control and PE-MPs alone.



- Chlorophyll a increased in the presence of PE-MPs + OTC (50 mg/L).
- When PE-MPs were absent, chlorophyll a decreased with the increase of OTC conc.

- Some adverse effects (ex., root elongation, photosynthesis and photosynthetic pigments) are dose-dependent

Future challenges and perspectives on microplastic pollution



Take home message

- **Pharmaceuticals** and **microplastics** are ubiquitously distributed worldwide, having the potential to interact
 - **Microplastics** may sorb pharmaceuticals, acting as vector or carrier
 - **Adsorption of pharmaceuticals on microplastics** will depend on microplastics and pharmaceuticals properties and on environmental factors
 - **Interaction microplastics-pharmaceuticals** may affect the bioaccumulation and toxicity of pharmaceuticals in aquatic and terrestrial organisms
- **Aquatic organisms**, such as river biofilms and mussels, were able to **accumulate pharmaceuticals** and the presence of PE-MPs did not show a significant impact in their bioaccumulation (river biofilms) or could delay the bioaccumulation of citalopram (mussels)
- Combined exposure to pharmaceuticals and microplastics can also affect **terrestrial organisms** → impact on seed germination
- Further studies should cover different particle sizes and polymer types of microplastics as well as a wide range of pharmaceuticals. PS and PE among the most tested polymers, while antibiotics and psychiatric drugs among the most studied pharmaceuticals
- **Future laboratory studies** should be done under **environmental realistic concentrations**, using **aged microplastics** and **long-term exposure** to assess chronic effects

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ReuseMP³ and MicroPlastics
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ReUseMP3- Integrating nature-based water ReUse strategies with advanced Monitoring of the Presence and impact of MicroPollutants



**Thank you for
your attention**

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