

Population driven biochemical burden in a multi-city study: antibiotics, ARGs and implications for One Health actions

Barbara Kasprzyk-Hordern¹, Natalie Sims¹, Kishore Jagadeesan¹, Felicity Elder¹, Ruth Barden²

¹Environmental Chemistry & Public Health Research Group

University of Bath

²Wessex Water



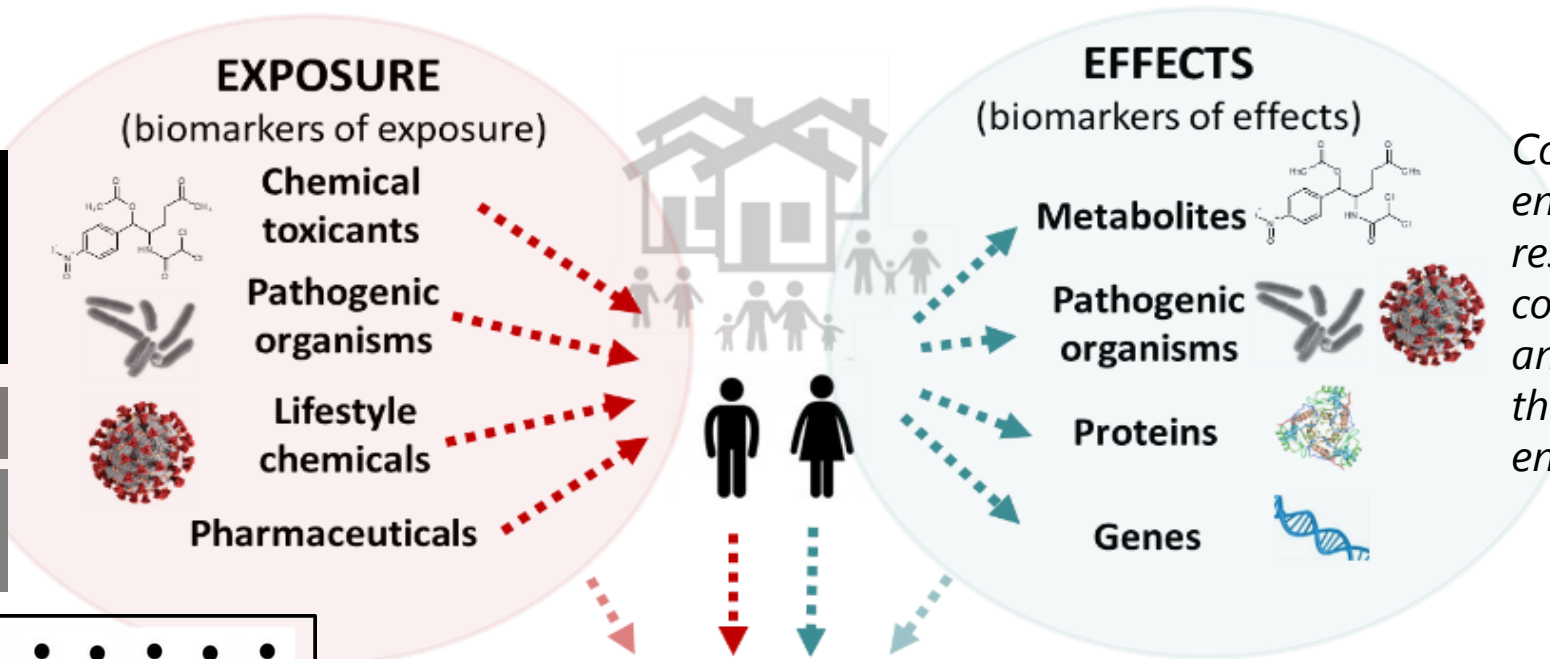
UNIVERSITY OF
BATH

Wastewater-Based Epidemiology

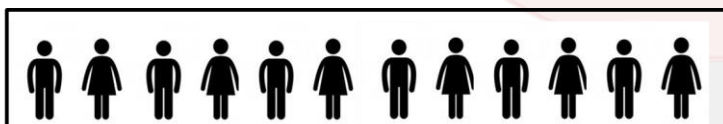
Wastewater-Based Epidemiology

Conceptually simple

Methodologically sophisticated



Community derived endo- and exogenous residues are continuously and anonymously pooled by the receiving environment



Urine samples from thousands of people would have to be tested to verify community-wide health status. This is expensive and logistically impractical.

...BUT only one wastewater sample is needed to assess community's health with high certainty, at low cost and in real time!

Wastewater – diagnostic medium for community-wide health status assessment



WASTEWATER FINGERPRINTING

Biomarkers of exposure & effects

PUBLIC HEALTH ASSESSMENT

Wastewater is a fingerprint of community's health and lifestyle

comprehensive

continuous

anonymous

near real-time

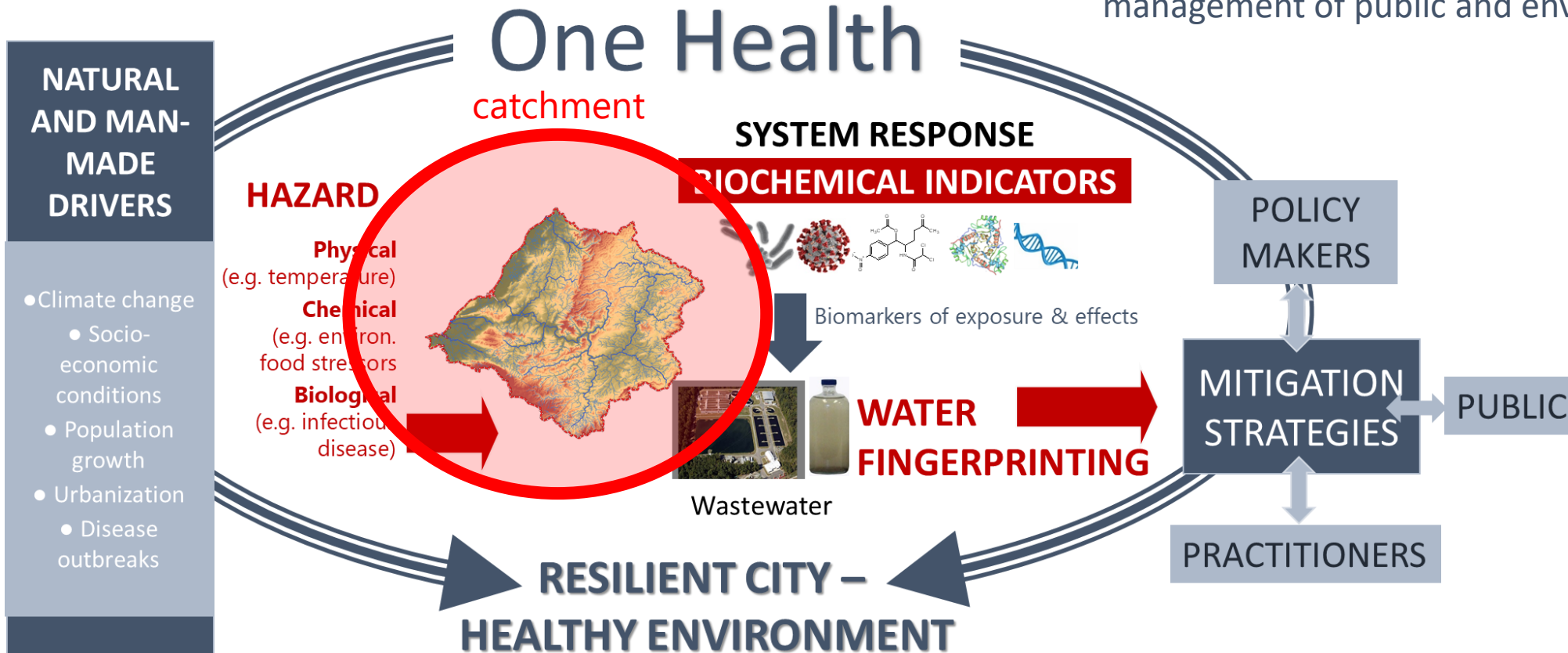
objective

unbiased

Water-Based Epidemiology and One Health



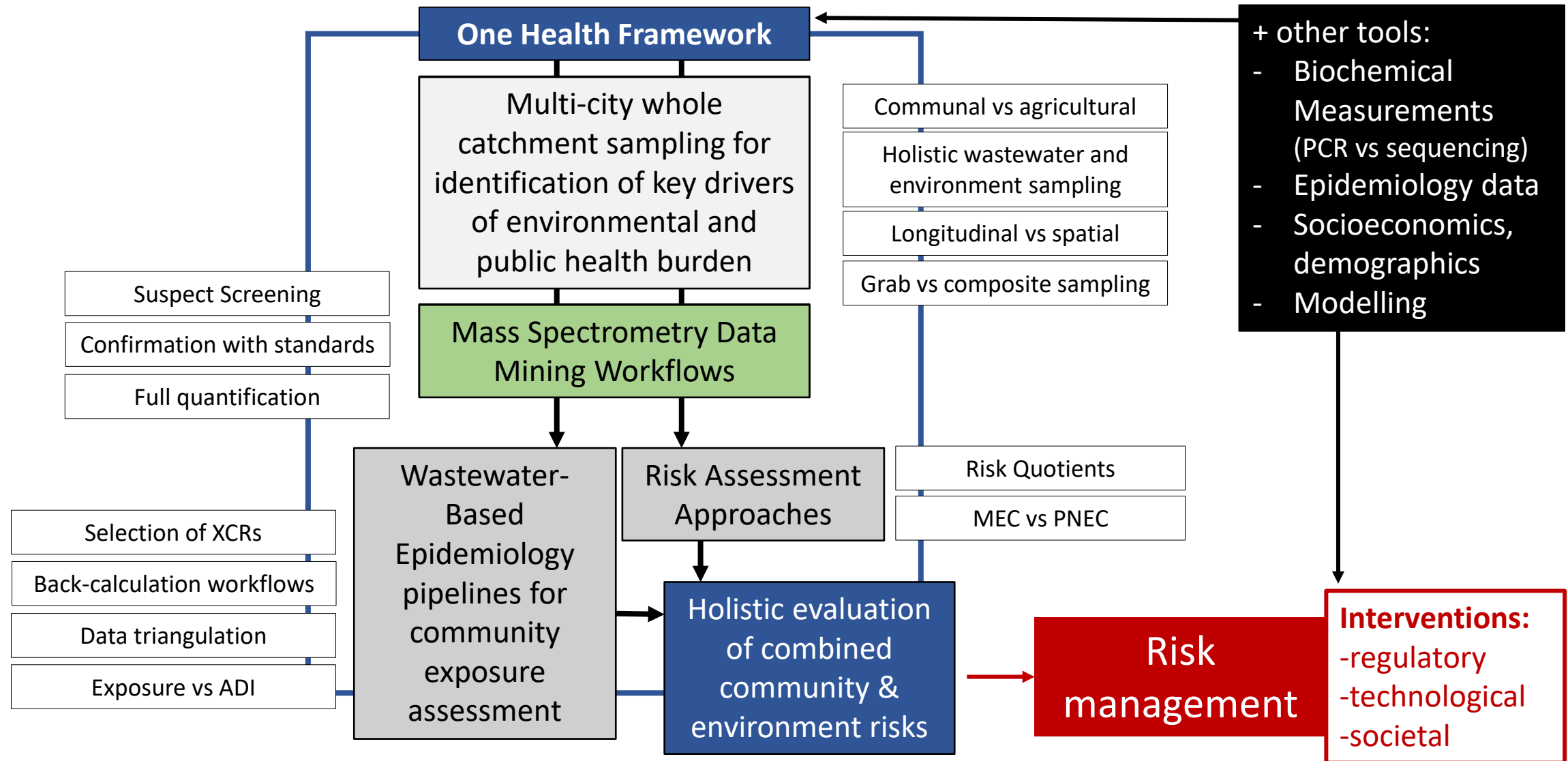
One Health is a cross sectoral and multidisciplinary effort aimed at a holistic understanding and management of public and environmental health



WasteWater-Based Epidemiology – an enabler of One Health

1. Evaluate env/public health status
2. Inform One Health actions
3. Evaluate mitigation strategies

One Health framework for holistic evaluation of combined community & environment risks



Biochemical Indicators

Class	Compound	
UV Filter	Benzophenone-1	
	Benzophenone-2	
	Benzophenone-3	
	Benzophenone-4	
Parabens	Methylparaben	
	Ethylparaben	
	Propylparaben	
	Butylparaben	
Plasticizer	Bisphenol-A	
	Bisphenol A sulphate	
Steroid Estrogens	E1	
	E2	
	EE2	
Antibiotics and Antibacterial	Sulfasalazine	
	Clarithromycin	
	Azithromycin	
	Trimethoprim	
	Sulfamethoxazole	
	Triclosan	
	Triclosan sulphate	
	Amoxicillin	
	Metronidazole	
	Sulfadiazine	
	Cefalexin	
	Ofloxacin	
	Ciprofloxacin	
	Tetracycline	
	Danofloxacin	
	Oxytetracycline	
	Chloramphenicol	
	Penicillin G	
	Penicillin V	
	Erythromycin	
	Prulifloxacin	
	Norfloxacin	
	Nalidixic acid	
	Antifungal	Griseofulvin
		Ketoconazole
	Hypertension	Valsartan
		Irbesartan
Lisinopril		

Class	Compound
NSAIDs	Ketoprofen
	Ibuprofen
	Naproxen
	Diclofenac
Lipid regulator	Acetaminophen
	Atorvastatin
Anti-hyperlipidemic	Gemfibrozil
Anti-hyperintensive	Candesartan Cilexetil
Antihistamine	Fexofenadine
	Cetirizine
GUD/ED	Sildenafil
Diabetes	Metformin
	Gliclazide
Cough suppressant	Sitagliptin
	Pholcodine
Beta-blocker	Atenolol
	Metoprolol
	Propranolol
H2 receptor agonist	Bisoprolol
	Ranitidine
X-ray contrast media	Cimetidine
	Iopromide
Various	Buprenorphine
	Ephedrine/pseudoephedrine
Drug precursor	Norephedrine
	Azathioprine
Anti-cancer	Methotrexate
	Ifosfamide
	Tamoxifen
	Imatinib
	Capecitabine
	Bicalutamide
	16SRNA
Genes/ARGs	ermB
	qnrS
	Sulf
	catA



Class	Compound
Anaesthetic and metabolite	Ketamine
	Norketamine
Anti-depressants	Venlafaxine
	Desvenlafaxine
	Fluoxetine
	Norfluoxetine
	Sertraline
	Mirtazapine
	Citalopram
	Desmethylcitalopram
	Paroxetine
	Duloxetine
	Amitriptyline
Anti-epileptic	Nortriptyline
	Norsertaline
Anti-epileptic	Carbamazepine
	Carbamazepine10,11-epoxide
Calcium-channel blocker	10,11-Dihydro-10-hydroxycarbamazepine
	Diltiazem
Hypnotic	Verapamil
	Temazepam
Anti-psychotic	Oxazepam
	Diazepam
Dementia	Quetiapine
	Risperidone
Dementia	Donepezil
	Memantine
Creatinine	Creatinine
	Lifestyle Chemicals
Caffeine	
Cotinine	
1,7 dimethylxantine	
Analgesics and Metabolites	Morphine
	Dihydromorphine
	Normorphine
	Methadone
	EDDP
	Codeine
	Norcodeine
	Dihydrocodeine
	Tramadol
	N-desmethyltramadol
O-desmethyltramadol	

Pharma & prescription vs social prescribing
Antibiotics, ARGs and pharma compliance
Endogenous markers: DNA damage, oxidative stress, metabolites
Pathogen RNA: Sars-Cov-2
Proteins: CRP

Class	Compound
Stimulants and metabolites	Amphetamine
	Methamphetamine
	MDMA
	MDA
	Cocaine
	Benzoylcegonine
	Anhydrocegonine methylester
	Cocaethylene
	Mephedrone
	MDPV
Opioid and metabolite	Heroin
	6-acetylmorphine
Pesticides, fungicides and herbicides	Thiamethoxam
	Imidacloprid
	Clothianidin
	Metazachlor
	Terbuthylazine
	Methiocarb
	Dichlofluanid
	Flufenacet
	Oxadiazon
	Chlorpyrifos
Triallate	
Veterinary Pharma	3PBA (3-phenoxybenzoic acid)
	Tylosin
	Sulfapyridine
	Sarafloxacin
	Ceftiofur
WQIs	Diazinon
	Ammonia N
	COD
	N total
	Nitrite as N
	Nitrate as N
Orthophos	Chloride

B.Kasprzyk-Hordern@bath.ac.uk

...more markers added via retrospective mass spectra mining

Studied antimicrobial agents

Antiretroviral (ARV);
 nitrofuran (NIT);
 cycline (CYC);
 amphenicols (Phen);
 β -lactams (β -lact);
 tuberculosis-related
 drugs (TB);
 aminoglycoside (AMG);
 sulfonamide (Sulf);
 trimethoprim (TMP);
 macrolide (Mac);
 lincosamide (Linc);
 fluoro/quinolones (FQ)

ARV
 NIT, CYC,
 & Phen

Azoles

β -lact

TB

AMG

Sulf &
 TMP

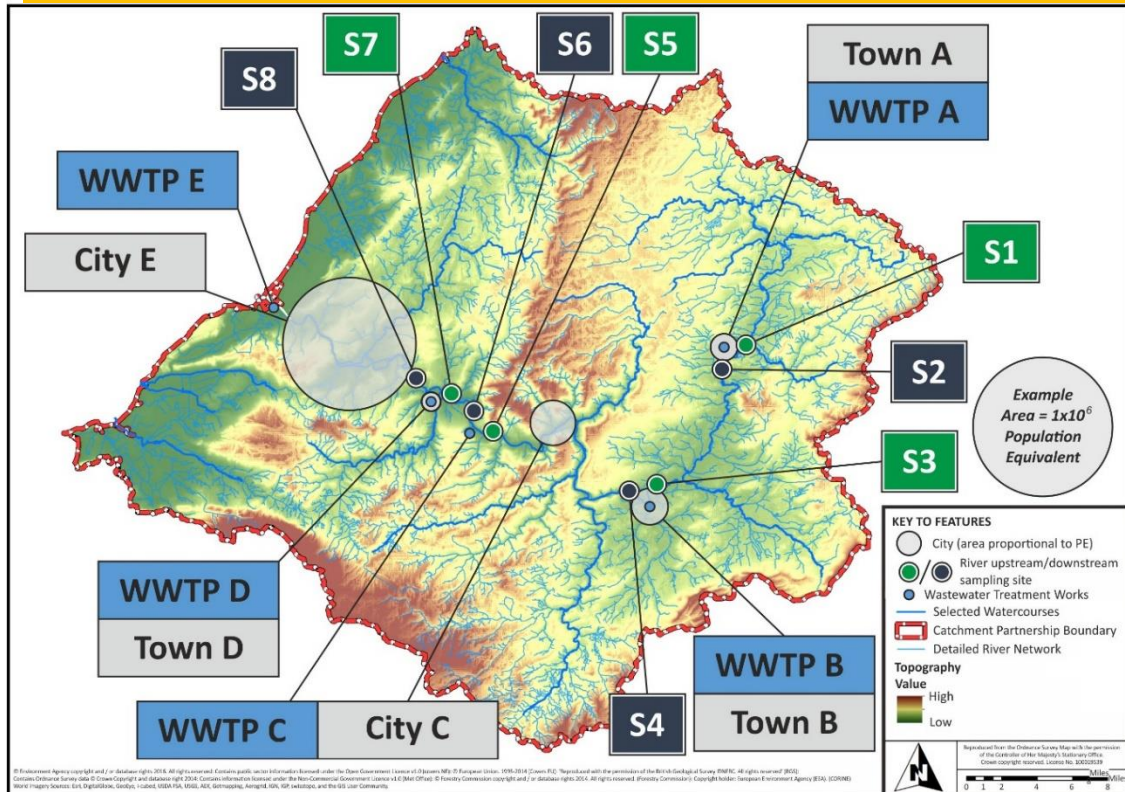
Mac &
 Linc

FQ



Grouping	Chemical	Grouping	Chemical			
Sulphonamide & Trimethoprim	Sulfadiazine	TB (1st line)	Isoniazid			
	Sulfapyridine		Pyrazinamide			
	Sulfamethoxazole		Ethambutol			
	Sulfasalazine		Rifampicin			
	Trimethoprim		Rifabutin			
	N-acetyl sulfadiazine		Isonicotinic acid			
	N-acetyl sulfapyridine		Acetyl-isoniazid			
	N-acetyl sulfamethoxazole		5-Hydroxy-pyrazinoic acid			
	4-hydroxy-trimethoprim		25-desacetyl rifampicin			
	25-O-desacetyl rifabutin					
Macrolide & Lincosamide	Azithromycin	TB (MDR)	Capreomycin IA			
	Erythromycin		Capreomycin IB			
	Clarithromycin		Gentamycin C1			
	Clindamycin		Gentamycin C1a			
	N-desmethyl azithromycin		Gentamycin C2 C2a C2b			
	N-desmethyl erythromycin A		Kanamycin A			
	N-desmethyl clarithromycin		Streptomycin A			
	N-desmethyl clindamycin		D-cycloserine			
			Delamanid			
			Bedaquiline			
β-lactams Penicillin	Amoxicillin	TB (other)	Linezolid			
	Ampicillin		Thalidomide			
	Flucloxacillin					
	Penicillin G					
	Penicillin V					
	Amoxicilloic acid		OTHER	Chloramphenicol		
	Ampicilloic acid			Florfenicol		
	Penicilloic G acid			2-Amino-1-(4-nitrophenyl)-1,3-propanediol		
	Quinolone			Besifloxacin	Cycline	Doxycycline
				Ciprofloxacin		Oxytetracycline
Danofloxacin		Tetracycline				
Enrofloxacin		Nitrofurantoin				
Flumequine		1-(2-nitrobenzylidenamino)-2,4-imidazolidinedione				
Gatifloxacin		Azole		Metronidazole		
Lomefloxacin				Ketoconazole		
Moxifloxacin			Hydroxy-metronidazole			
Nadifloxacin			Deacetyl-ketoconazole			
Nalidixic acid			Antiretroviral	Emtricitabine		
Norfloxacin	Lamivudine					
Ofloxacin (Levofloxacin) *	Cephalosporin			Cefalexin		
Prulifloxacin				Cefixime		
Sarafloxacin				Ceftiofur		
Desethylene ciprofloxacin				Ceftriaxone		
Hydroxy-norfloxacin		Monobactam		Aztreonam		
Ofloxacin N-oxide				Carbapenem	Imipenem	
Desmethyl-ofloxacin					Meropenem	
Ulifloxacin						

141 Chemicals of Emerging Concern (CECs) in South West UK river catchment



Population: 1,14 mln
Catchment: 362 km²
Study area: 75% of total population in the catchment

169.3 kg/d of CECs entering the WwTWs:
 167.9 kg/d in liquid phase 1.4 kg/day in SPM

155 kg/d removed

14 kg/day of CECs discharged into surface waters:
 from 0.2 kg/d at WwTW A to 7.3 kg/d at WwTW E

Antibiotics

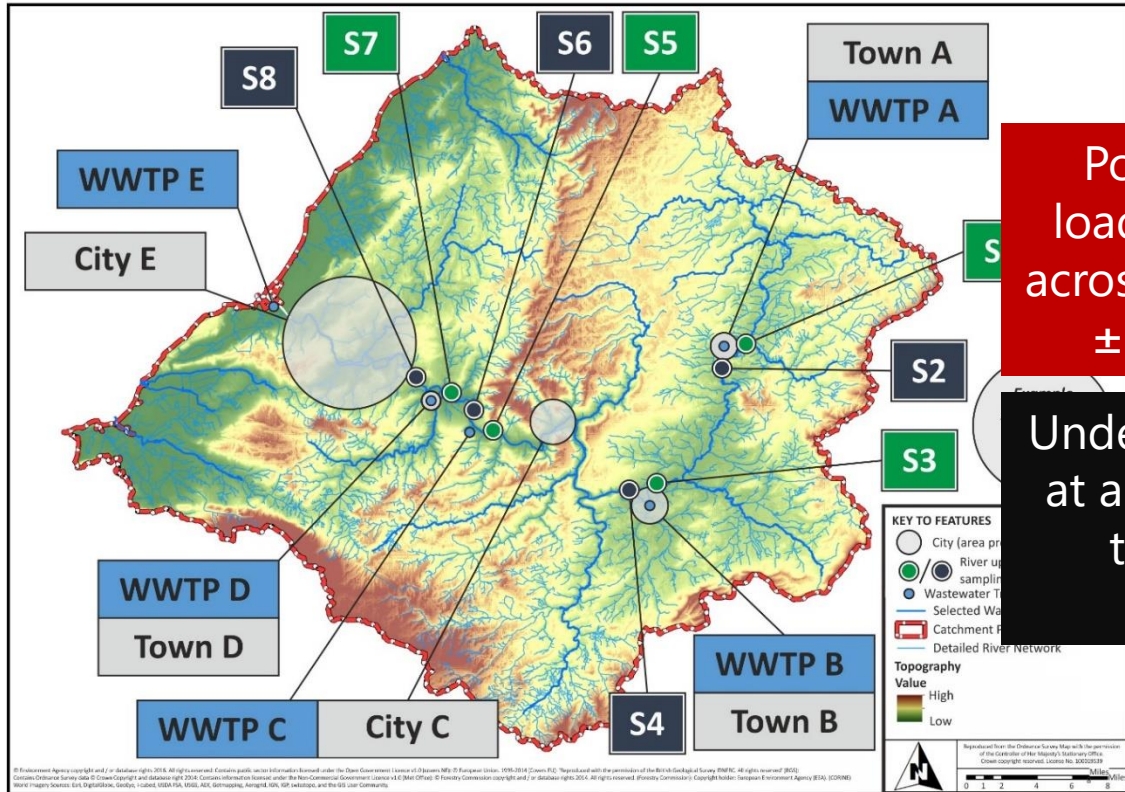
EXPOSURE



HAZARD

Ciprofloxacin, clarithromycin, azithromycin and erythromycin regularly exceed $PNEC^{enviro}$ and $PNEC^{MIC}$ in wastewater and sporadically in receiving waters

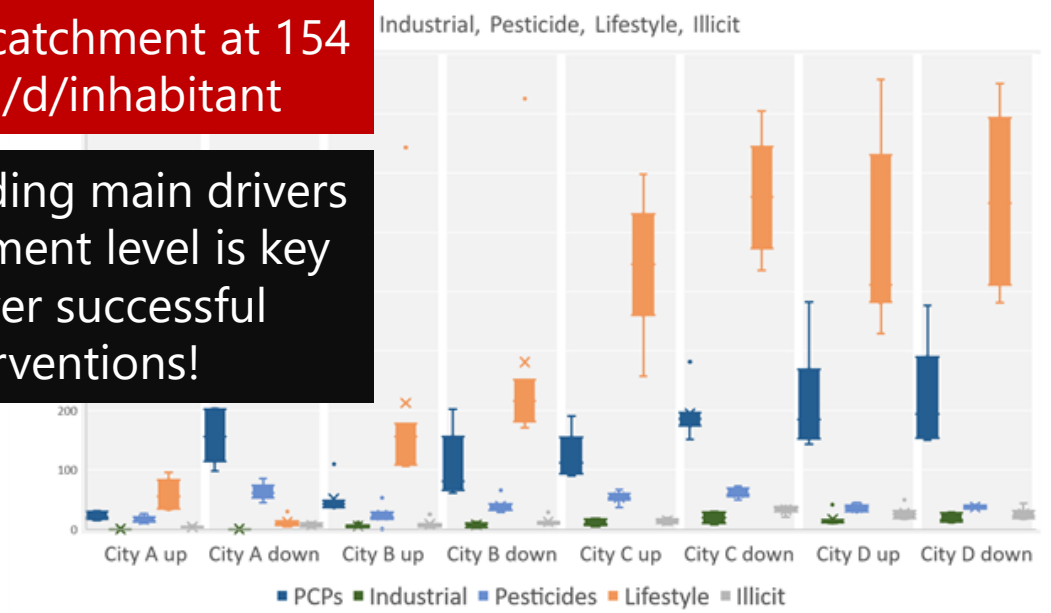
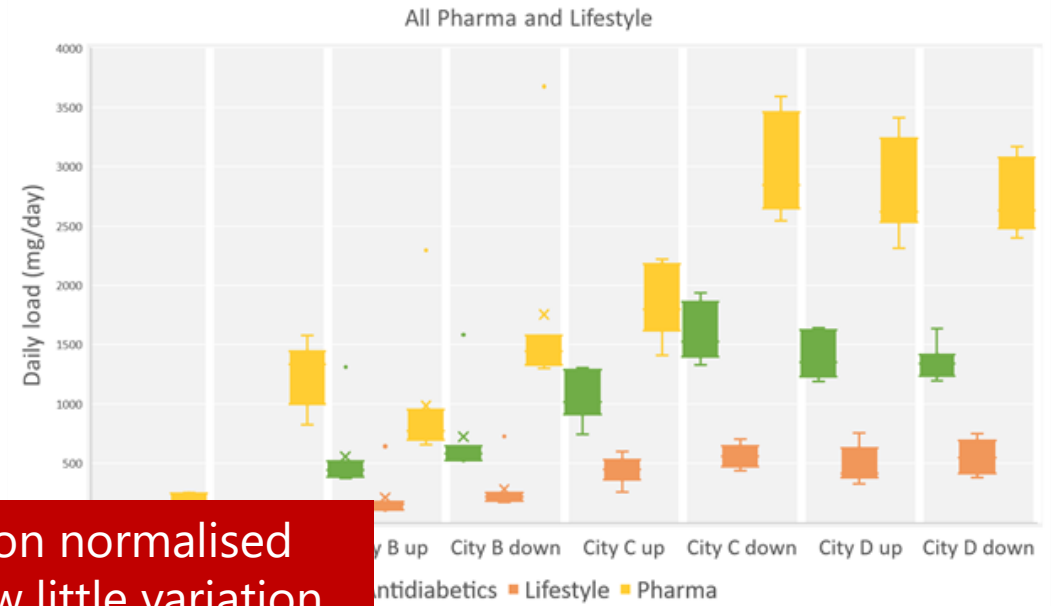
Population size as a key driver of chemical burden in the receiving environment



Population normalised loads show little variation across the catchment at 154 ± 12 mg/d/inhabitant

Understanding main drivers at a catchment level is key to deliver successful interventions!

SPATIAL



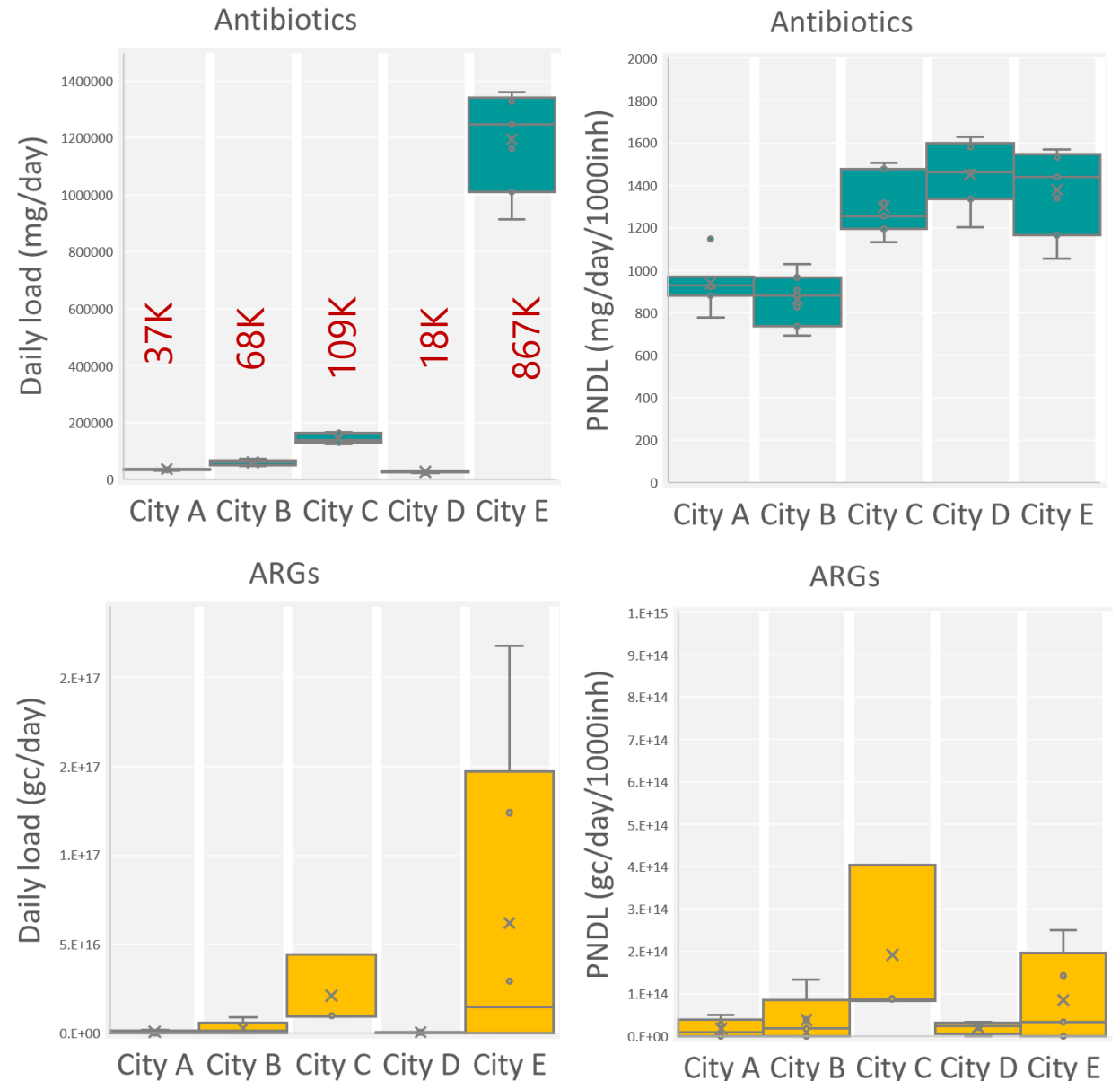
Population size as a key driver of antibiotics and ARGs in WWTP influent.....

Pearson correlation between AB, ARG and PE

Pearson coefficient		
	Population	Sulfamethoxazole
Sulfamethoxazole	0.998704	1
<i>Sul1</i>	0.727473	0.694801
	Population	Chloramphenicol
Chloramphenicol	0.995464	1
<i>catA</i>	0.984915	0.967056
	Population	Macrolides
Macrolides	0.999576	1
<i>ermB</i>	0.996935	0.994663
	Population	Fluoroquinolones
Fluoroquinolones	0.998584	1
<i>qnrS</i>	0.980448	0.976258

Strong correlation observed between combined daily loads of antibiotics, ARGs and population size served by individual WWTPs

... One Health actions could focus on the reduction in antibiotics prescription



Daily loads of antimicrobials by class and associated antibiotic resistance genes (ARGs) in influent wastewater (Bath)

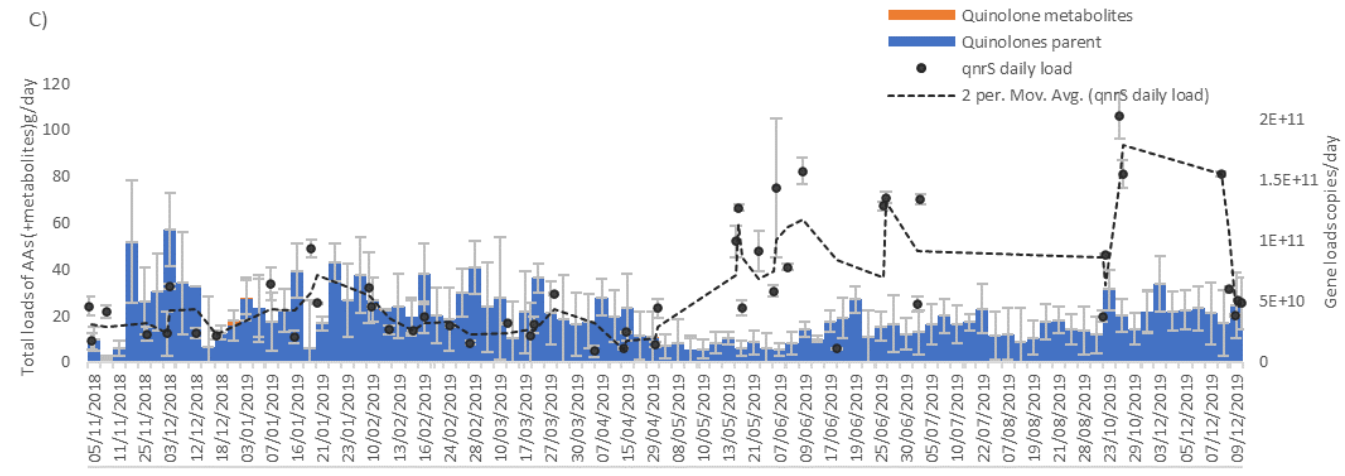
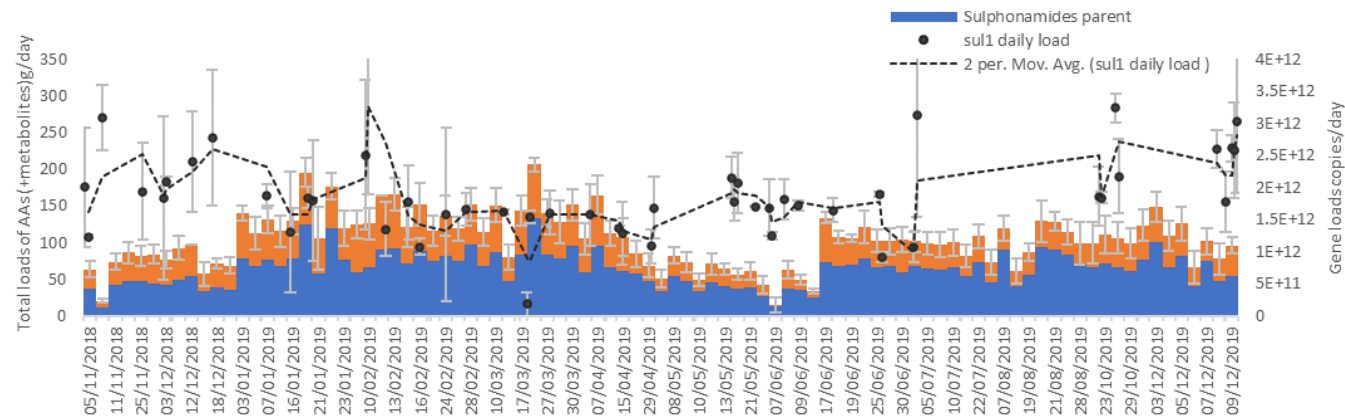
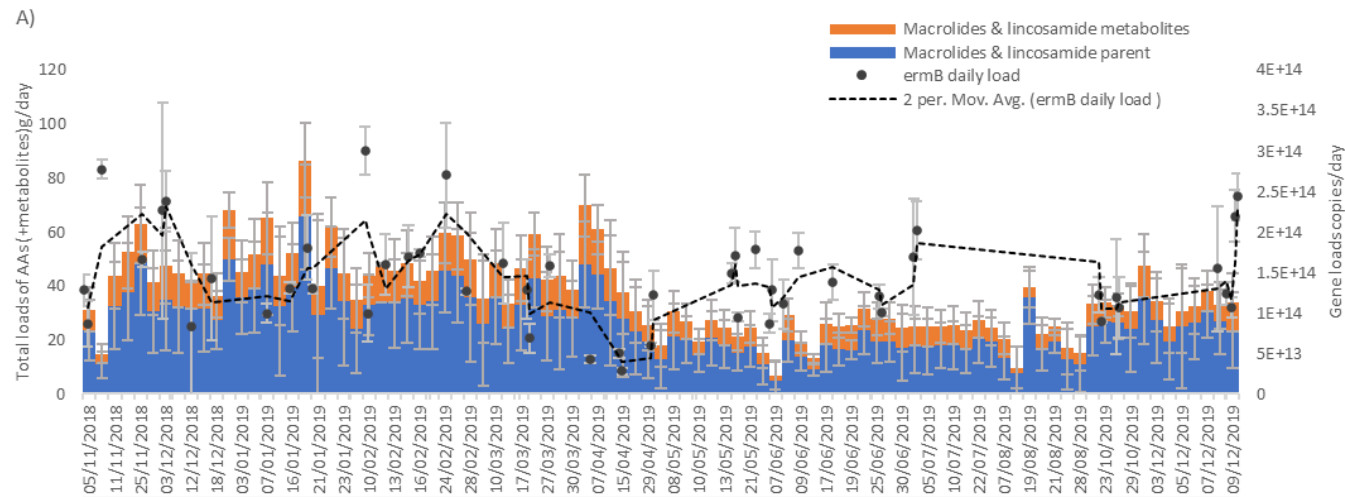
TEMPORAL

Seasonal changes in AB usage observed but not ARG prevalence

Weak/no positive correlations between AAs and ARGs

Population size is the key driver for AAs and ARGs

ARG levels are endemic, community dependent with low impact from seasonal changes in AA usage



Sims et al. Environmental Pollution, 333 (2023) 122020



UNIVERSITY OF BATH

Wessex Water

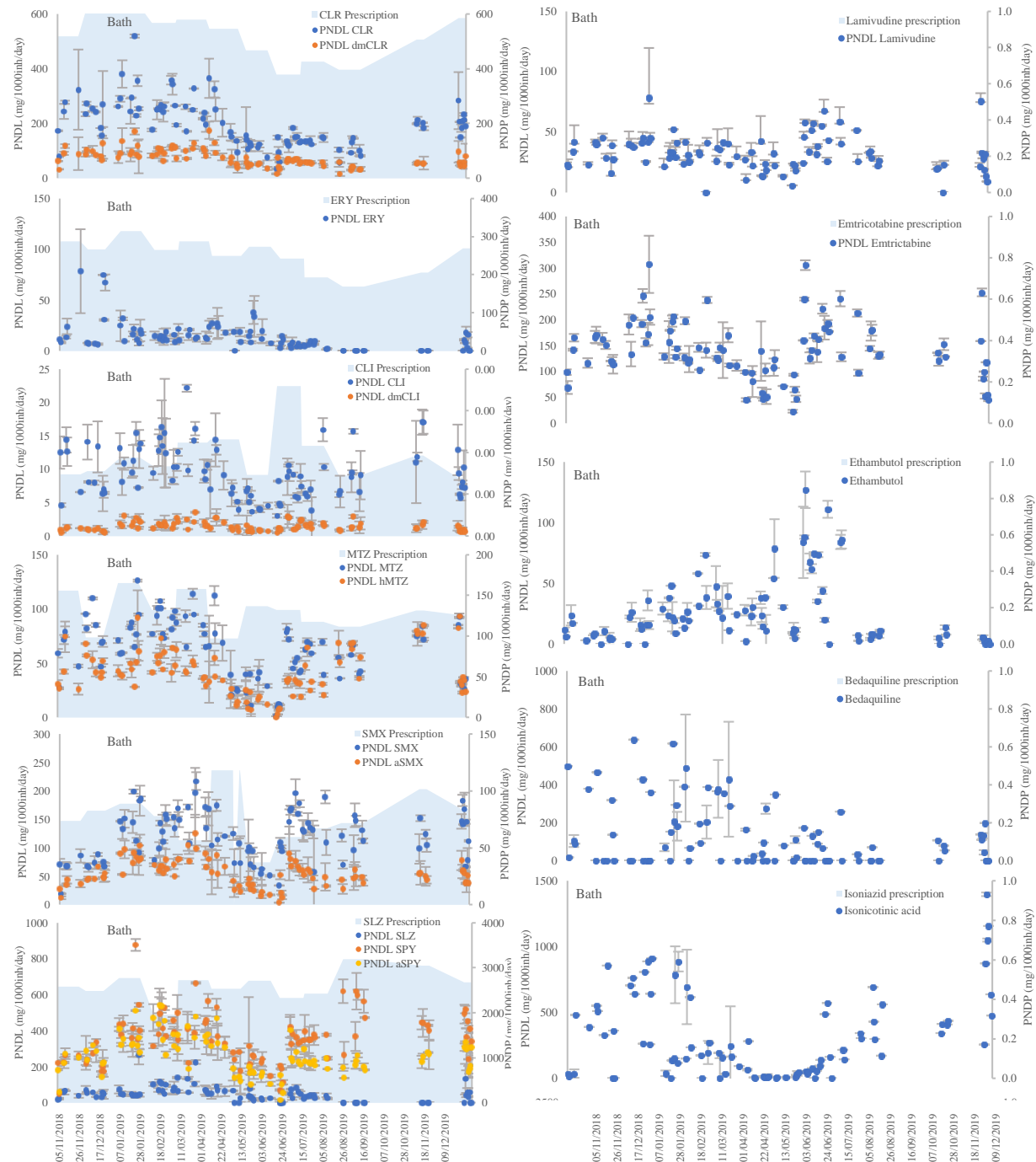


Comparison of Population Normalised Daily Loads to the monthly catchment prescription data



WBE and prescription data shows similar seasonal trends but with low correlation in intake due to variable prescribing patterns and/or lack of patient compliance

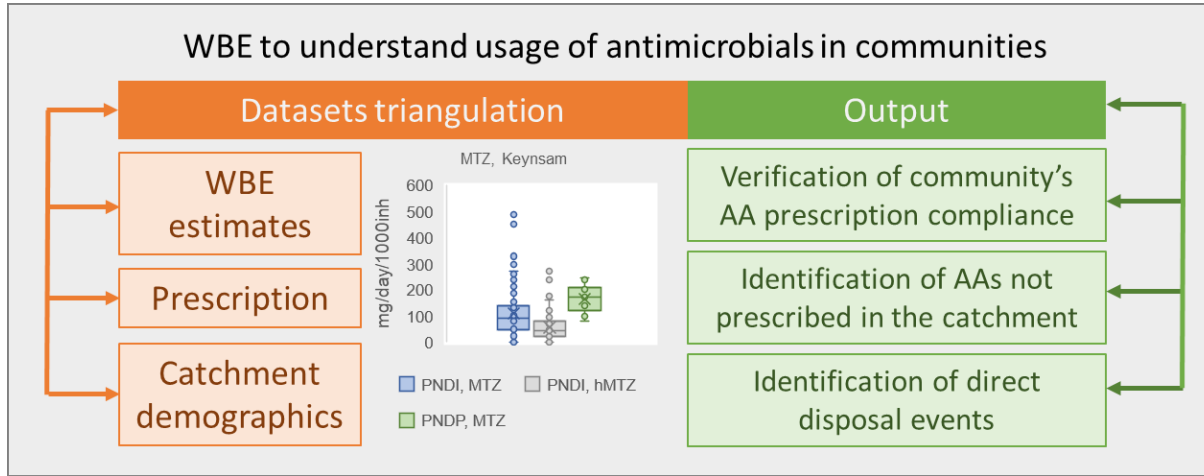
WBE provides estimates of true community-wide antibiotic usage



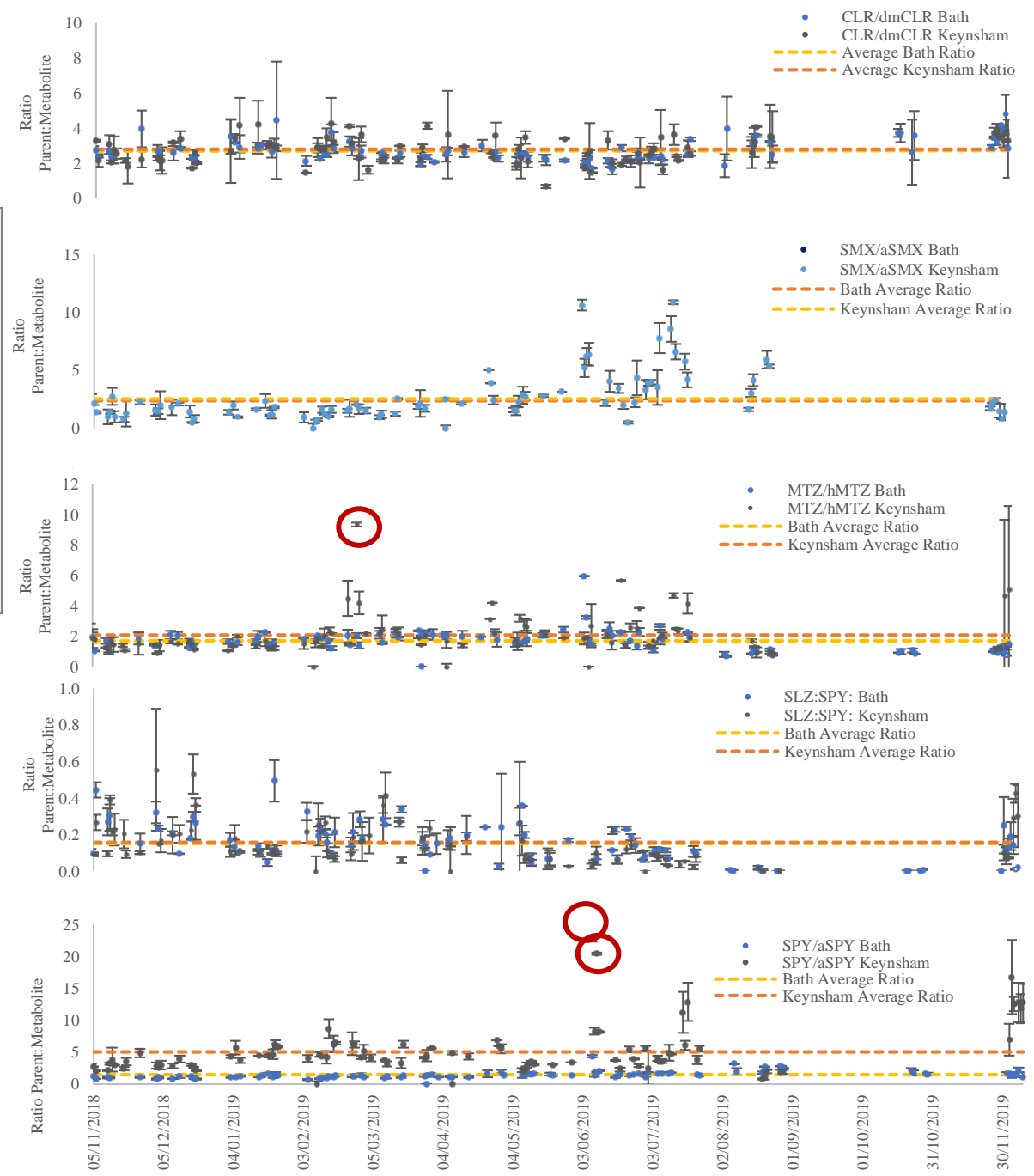
We regularly quantify antimicrobial agents (e.g. HIV and TB drugs) that are not prescribed in the catchment (either prescribed outside of the monitoring catchment, purchased over-the-counter or sourced illegally).

- Examples:**
- Lamivudine (3TC)
 - Emtricitabine (FTC)
 - Ethambutol (EMB)
 - Bedaquiline (BDQ)
 - Isonicotinic acid (INa)
 - 5-hydroxy-pyrazinoic acid (hPZA)

Antimicrobials in communities - a longitudinal study of two cities (down-the-drain disposal)

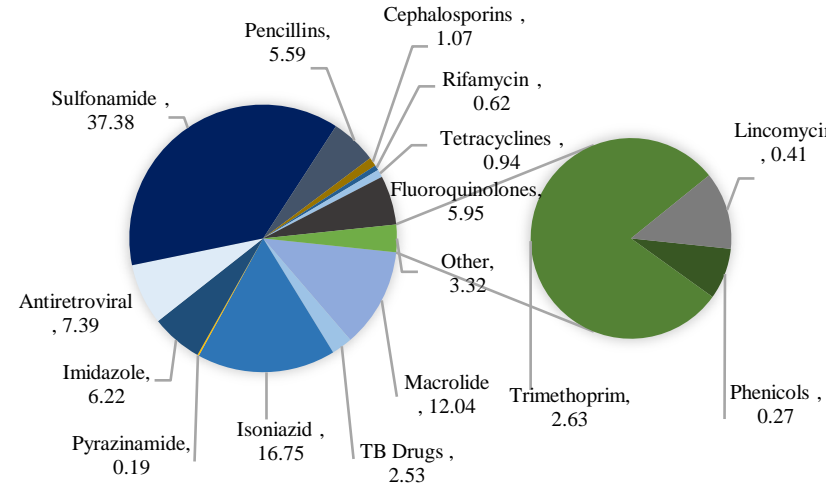


- Antimicrobials are disposed of down-the-drain.
- Due to the nature of AA prescribing (intermittent rather than continuous) as well as variable oral, intravenous or topical applications, it is more difficult to pinpoint all the disposal events.
- Education and awareness of the environmental risks of incorrect disposal is essential.

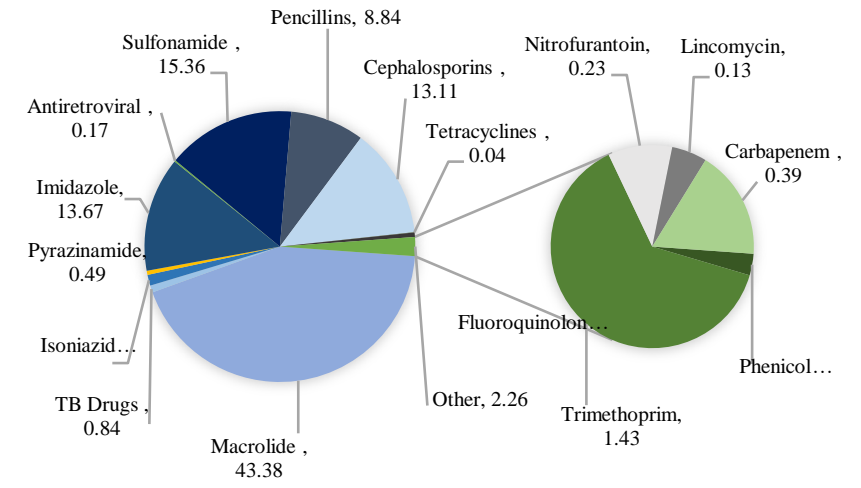


Average concentrations of antibiotics in hospital effluent and community wastewater compared with PNECs (Predicted No-Effect Concentrations)

AAAs - Community wastewater (Bath WWTP influent)



AAAs - Hospital wastewater



Antibiotics in both hospital and community wastewater exceed PNECs. Hospital wastewater is an important consideration in AMR surveillance as could be high risk areas for AMR.

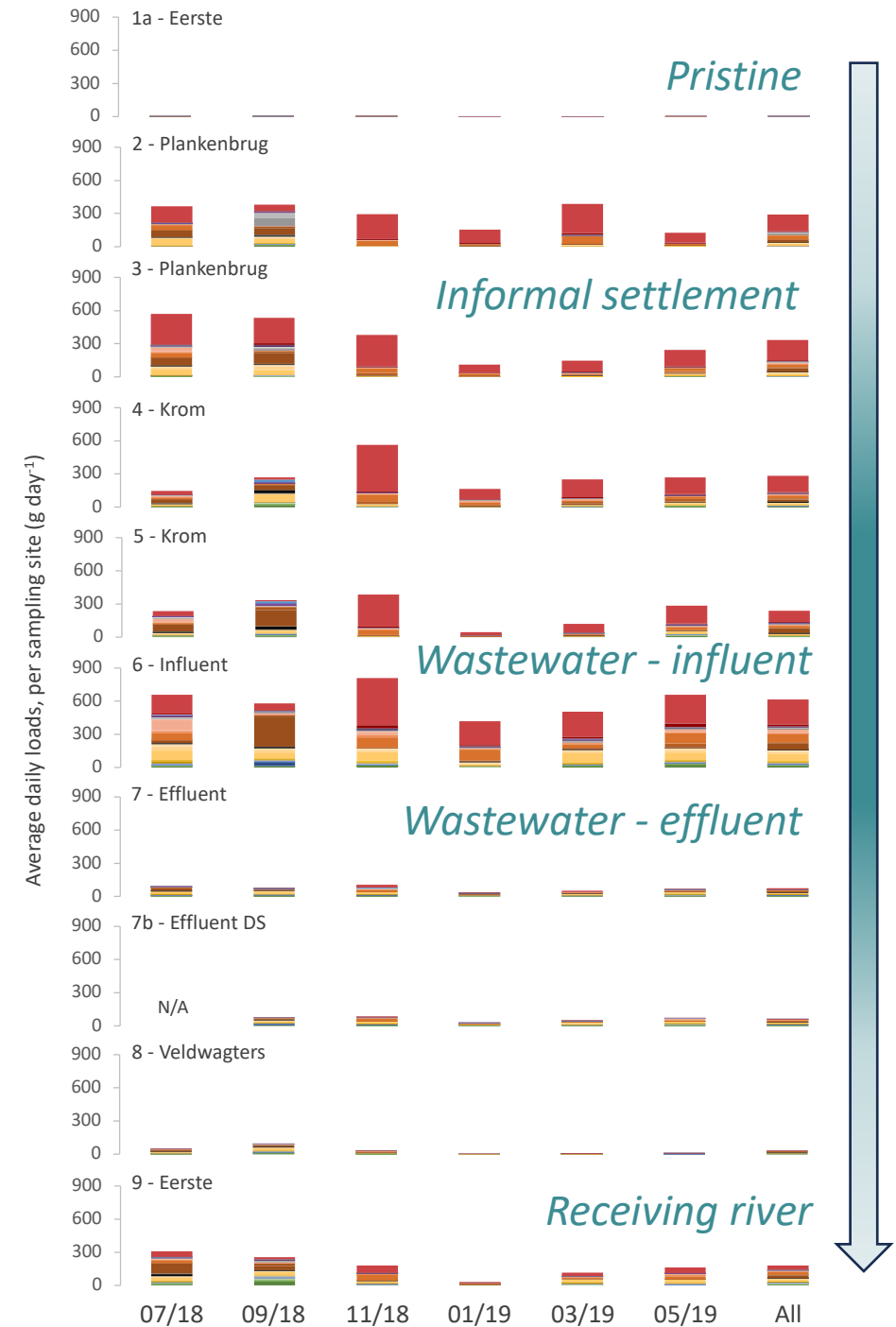
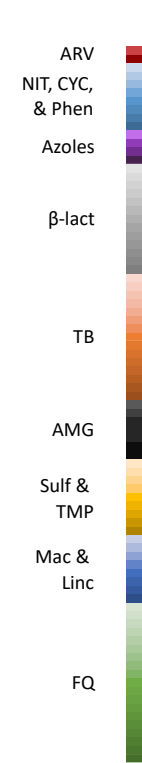
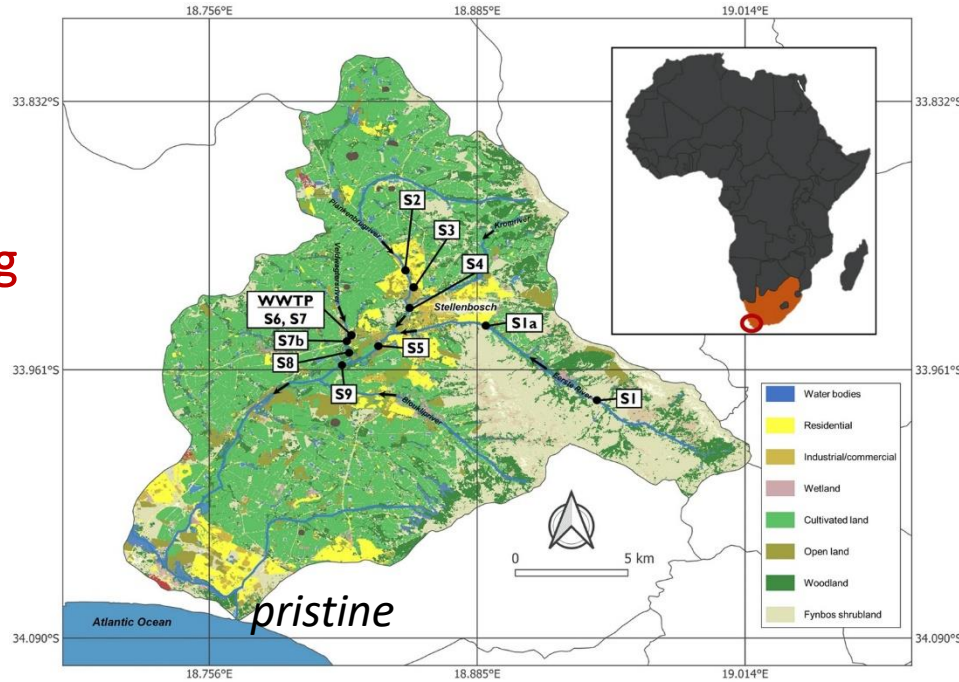
Bath Antimicrobials	Average Wastewater Concentration (ug/L)		Predicted No-Effect Concentration (ug/L)		
	Hospital	Community	PNEC-MIC	PNEC-ENV	Lowest PNEC
Chloramphenicol	0.18 ± 0.09	0.15 ± 0.17	8	N/A	8
Sulfamethoxazole	1.47 ± 1.58	0.46 ± 0.19	16	0.6	0.6
Azithromycin	39.5 ± 41.56	0.31 ± 0.30	0.25	0.02	0.02
Clarithromycin	0.47 ± 0.32	0.72 ± 0.31	0.25	0.08	0.08
Erythromycin	2.20 ± 2.31	0.06 ± 0.05	1	0.5	0.5
Ciprofloxacin	0.93 ± 1.66	0.52 ± 0.24	0.064	0.57	0.064
Ofloxacin	0.04 ± 0.05	0.04 ± 0.03	0.5 (levofloxacin)	10	0.5 (levofloxacin)
Amoxicillin	11.13 ± 8.92	-	0.25	N/A	0.25
Clindamycin	0.27 ± 0.43	0.04 ± 0.02	1	0.1	0.1
Metronidazole	12.49 ± 3.40	0.23 ± 0.09	0.125	N/A	0.125
Nitrofurantoin	0.52 ± 0.51	-	64	N/A	64
Oxytetracycline	0.05 ± 0.03	0.24 ± 0.16	0.5	18	0.5
Tetracycline	0.03 ± 0.01	0.13 ± 0.08	1	3.2	1
Ethambutol	0.07 ± 0.05	0.11 ± 0.12	2	N/A	2
Sulfadiazine	-	0.008 ± 0.007	N/A	13	13
Trimethoprim	3.25 ± 2.76	0.33 ± 0.12	0.5	100	0.5
Flucloxacillin	5.66 ± 5.97	0.44 ± 0.23			

Sims et al. Environmental Pollution, 333 (2023) 122020



Antimicrobials usage globally

Case study:
Stellenbosch, SA
The River Eerste
1 year monitoring



1. WBE accounts for total drug mass in the region, independent of prescription access, compliance, or movement of people.
2. Much higher usage of antimicrobials in the informal settlement vs sewage connected city residents.
3. Comparing UK and SA prescription and WBE datasets indicates higher prevalence of macrolides usage in the UK vs antiretrovirals usage in SA.

Holton et al *Environ International* 164 (2022) 107227
 Holton et al *Journal of Hazardous Mat* 436 (2022) 129001
 Holton et al *Water Research* 240 (2023) 120110



ACKNOWLEDGMENTS

Environmental Chemistry @ Bath



EWS-C19 EDGE

NETWORKS/PROJECTS



FUNDERS



The Leverhulme Trust

